



2019 Eastern Regional Pool Championships

Entry Memo

Date: Saturday 21st to Sunday 22nd September 2019
Venue: Te Rapa Waterworld Pool
Address: Garnett Ave, Te Rapa, Hamilton
Entries close: 2pm Monday 2nd September 2019,
Entry fees: \$50.00 entry fee per competitor (GST Inclusive)
 \$10.00 per substitute (GST inclusive)
 Please note this entry fee also includes pool entry for both days of the Eastern Regional Pool Championships.

In this document you will find information to assist with entering, attending and competing in the 2019 Eastern Regional Pool Championships.

At all times the latest information for this event will be available on the SLSNZ Events Calendar section of the [SLSNZ website](http://www.slsnz.org.nz).

Session Times

	Session 1 Saturday 21 st Sep	Session 2 Saturday 21 st Sep	Session 3 Sunday 22 nd Sep	Session 4 Sunday 22 nd Sep
Surf Officials Meeting	11.00am	n/a	8.00am	n/a
Team Managers Meeting	11.15am	n/a	8.15am	n/a
Warm up Begins	11.10am	n/a	8.00am	n/a
Warm up Ends	11.40am	n/a	8.40am	n/a
Session Begins	12 Noon	3.15 pm	9.00am	1.00pm
Session Ends	3.00pm	5.30pm	12.30pm	4.00pm
Prize giving				4.00pm



Event Entry Process

Entries are made by using the SLSNZ Online Event Entry System.

To access the EnterNow system please follow this link and use your club allocated password details as sent to the club administrators. <http://slnz.enternow.co.nz/enternow-app/slnz>

Please note:

- **Entries Close:** 2pm Monday 2nd September 2019
- **Late Entries:** There will be no late entries permitted.
- **Team Manager's contact** details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.
- **Entering Teams:** You must enter the required number of people as specified for team events otherwise your entry in that event will not be accepted. This will be shown as an incomplete entry as per below:

RELAYS		
NAME	EVENT	STATUS
North Beach SLSC	Open Boys - 200 Open 4x50 Medley Relay	Incomplete

- **We appeal to clubs to only enter athletes in events that they intend on competing in.**
- Individual and Team Scratching's for **Session One** must be emailed to the Event Manager by 5pm Friday afternoon so as they can be entered into 'Meet Manager' and not cause a delay to the start of the event on Saturday Morning.
- All Scratching's for all subsequent Sessions must be handed in by the start of the previous Session. Session Three Scratching's are to be handed in by 5pm Saturday afternoon.
- **Athletes or Teams that have not entered a Scratching form, and then do not show up at Marshalling are deemed to be a NO SHOW. As 'No Shows' cause large delays in marshalling and heat reorganising, WE WILL BE CHARGING CLUBS A FEE OF \$10 PER ATHLETE/TEAM THAT ARE DEEMED TO BE A NO SHOW AT MARSHALLING.**

All entry fees will be calculated via the online entry system following the close of entries and your club will be invoiced directly. The entry system allows clubs to download a quote for the event to use as reference which can be found at the bottom of the event entry page.

Eligibility of Competitors:

This competition is open to any SLSNZ affiliated club. Without the following details your members will not be eligible to compete nor will they be able to be entered through the online entry system. SLSNZ reserve the right to limit the number of competitors per event.

1. Current Members (i.e. must not be stored in the 'Last Season Members' or 'Historical Members' folder on the PAM Database).
2. Have a DOB recorded on the PAM Database.
3. Have a PRIMARY membership with the club they intend to compete for (membership status displayed in the 'Membership' tab of the individual in the Database)
4. Team substitutes must be registered in some capacity in the event using the substitution event entry name.

Please Note:

- It is not a requirement of the event that competitors hold the Surf Lifeguard Award.
- All competitors, including possible substitutes, are to have met all of the eligibility criteria outlined above by the close of entries.

In it for life



Age:

The NZ Pool Events programme are scheduled before the Beach based events for the current season and therefore a competitor's age group is determined by their age as at midnight on 30th September 2019. This is to allow athletes to remain in the same age group for the entire season. For example, if you are 14 on the 30th of September 2019, you are not eligible to race in the U14 age group and will be in the U16 age group.

Please Note:

1. All competitors must be aged at least 10 years old before midnight 30th September 2019 to be eligible to compete in the Swim Championships.
2. Masters must be aged 30 years or older before midnight 30th September 2019 to be eligible to compete in that age group.
3. Competitors (individual and team events) may compete in age groups as detailed below:
 - U12 may compete in U12, U14 events, U16, U19 and Open events
 - U14 may compete in U14 events, U16, U19 and Open events
 - U16 may compete in U16, U19 and Open events
 - U19 may compete in U19 and Open events
 - Open can only compete in Open events
 - Masters may compete in Masters and Open events
4. **Competitors can only compete in any event once** (individual and team events), this includes Masters athletes. For example an U19 competitor wishing to compete in the 50m with Fins must choose either the U19 or Open event, not both. The participant for the line throw in the U19 age group cannot become the 'rescuer' or 'patient' in the Open age group.
5. The 50m obstacle swim has been classified as the same event as the 100m obstacle swim. This means that U12 athletes can only enter one of these events – either their own age group, or they can choose to swim up in a 100m obstacle swim but not both.
6. U12 and U14 competitors may not compete in any manikin event.
7. U12 and U14 competitors may not compete in any Line Throw event.
8. Although the way has been paved for U14 competitors to compete up in a number of events coaches and team managers are encouraged to use their discretion with regards to this ruling and take into account the welfare of their athletes.

Team Substitutes:

In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event. Therefore any potential substitutes (who are not already competing) must be entered into the Substitutes event. This is to allow fairness to all by ensuring that all eligibility criteria are met.

Please Note:

Event substitutes are charged \$10.00 entry fee per competitor (GST inclusive).

Individual entries cannot be substituted for by another competitor; only team entries as outlined in the Surf Sport Competition Manual.

Officials

We have had a good response from Club Officials to attend the ER Pool Champs. If we require any additional Officials we will implement the Ratio Policy based on attendance numbers as is needed.

Time Keepers

A large number of time keepers are required to ensure the successful running of the Eastern Regional Championships. As such, each competing club will be required to supply timekeepers during some if not all of the sessions. On close of entries clubs will be emailed the exact session times and the number of time keepers they will require. We require a total of 40 timekeepers to cover all sessions. The number your club will require will be based on total number of entries that your club has. The timetable included with this mail out was based on last year's entries to give you an indication of what your requirement may be.

In it for life



Event Rules and Events Contested:

Please visit the [SLSNZ website](#) for a copy of the NZ Pool Competition Manual which contains detailed information about the rules and the events that will be contested at the 2019 event. At this stage the 2019 Eastern Regional Pool Championships will be conducted under the rules as published in the NZ Pool Competition Manual, 50m Pool (July 2019 update). This manual is based upon the International Life Saving (ILS) World Championship Rules.

Masters Events and Points

Masters events have been added, with 10 year age categories (30-39, 40-49, 50+) with all Masters Points contributing towards overall Club totals.

Points Score:

The following points will be awarded for all Surf Life Saving events for the purpose of awarding top club honours.

- a. Individual Event points awarded are: 3 points for first, 2 points for second, 1 point for third
- b. Team Event points awarded are: 5 points for first, 3 points for second, 1 point for third

Ribbons and Medal Presentation:

Ribbons will be awarded to all place getters in all U11, U12, U13, U14 events. To save time, speed up the programme, and allow the athletes and everyone else involved to get their required breaks, at the end of each session ribbons will be placed in a set of cubby holes provided for each club attending.

Medals will be awarded to the top overall Male and Female athletes in each Age Category at the conclusion of racing on Sunday afternoon.

From this point forward, information will only be sent to those listed as the Team Manager on Entry Spreadsheet; however the latest information will also be available on the NZ Events Calendar section of the [SLSNZ website](#).

Please do not hesitate to contact me if you have any questions or queries regarding this event. We look forward to seeing you all at the event.

Kind regards,

Mark Inglis
Sport Manager – Eastern Region
Surf Life Saving New Zealand

t 07 574 2061
m 0274 571 021
e Mark.inglis@surflifesaving.org.nz



In it for life



Age	Events	Competitors
UNDER 11	Under 11 Male - 50 BrickCarry	1
	Under 11 Male - 50 Rescue Medley brick	1
	Under 11 Male - 50 Swim with Fins	1
	Under 11 Male - 50 Swim with Obstacles	1
	Under 11 Female - 50 BrickCarry	1
	Under 11 Female - 50 Rescue Medley brick	1
	Under 11 Female - 50 Swim with Obstacles	1
UNDER 12	Under 12 Male - 50 BrickCarry	1
	Under 12 Male - 50 Rescue Medley brick	1
	Under 12 Male - 50 Swim with Fins	1
	Under 12 Male - 50 Swim with Obstacles	1
	Under 12 Male - 100 Tube W/patient&fins	2
	Under 12 Male - 100 4x25m Brick Relay	4
	Under 12 Male - 200 4x50 Medley	4
	Under 12 Male - 200 4x50 Obstacle Relay	4
	Under 12 Female - 50 BrickCarry	1
	Under 12 Female - 50 Rescue Medley brick	1
	Under 12 Female - 50 Swim with Fins	1
	Under 12 Female - 50 Swim with Obstacles	1
	Under 12 Female - 100 Tube W/patient&fins	2
	Under 12 Female - 100 4x25m Brick Relay	4
	Under 12 Female - 200 4x 50 Obstacle Relay	4
	Under 12 Female - 200 4x50m Medley	4
Under 12 Mixed - 200 4x50 Medley	4	
Under 12 Mixed - 200 4x50 Obstacle Relay	4	
UNDER 13	Under 13 Male - 100 Swim with Obstacles	1
	Under 13 Male - 50 BrickCarry	1
	Under 13 Male - 50 Rescue Medley brick	1
	Under 13 Male - 50 Swim with Fins	1
	Under 13 Female - 100 Swim with Obstacles	1
	Under 13 Female - 50 BrickCarry	1
	Under 13 Female - 50 Rescue Medley brick	1
Under 13 Female - 50 Swim with Fins	1	

Age	Events	Competitors
UNDER 14	Under 14 Male - 100 Swim with Obstacles	1
	Under 14 Male - 50 BrickCarry	1
	Under 14 Male - 50 Rescue medley brick	1
	Under 14 Male - 50 Swim with Fins	1
	Under 14 Male - 100 Tube W/patient&fins	2
	Under 14 Male - 100 4x25m Brick Relay	4
	Under 14 Male - 200 4x50 Obstacle Relay	4
	Under 14 Male - 200 4x50m Medley	4
	Under 14 Female - 100 Swim with Obstacles	1
	Under 14 Female - 50 BrickCarry	1
	Under 14 Female - 50 Rescue Medley brick	1
	Under 14 Female - 50 Swim with Fins	1
	Under 14 Female - 100 Tube W/patient&fins	2
	Under 14 Female - 100 4x25m Brick Relay	4
	Under 14 Female - 200 4x50 Obstacle Relay	4
	Under 14 Female - 200 4x50m Medley	4
	Under 14 Mixed - 200 4x50 Medley	4
Under 14 Mixed - 200 4x50 Obstacle Relay	4	

UNDER 16	Under 16 Male - 100 Manikin Tow W/Fins	1
	Under 16 Male - 100 RescueMedleyManikin	1
	Under 16 Male - 200 Swim with Obstacles	1
	Under 16 Male - 50 ManikinCarry	1
	Under 16 Male - 50 Swim with Fins	1
	Under 16 Male - 100 ManikinCarryW/fins	1
	Under 16 Male - 50 Line Throw	2
	Under 16 Male - 200 4x50m Medley	4
	Under 16 Male - 100 4x25m Manikin Relay	4
	Under 16 Male - 200 4x50 Obstacle Relay	4
	Under 16 Female - 100 Manikin Tow W/Fins	1
	Under 16 Female - 100 RescueMedleyManikin	1
	Under 16 Female - 200 Swim with Obstacles	1
	Under 16 Female - 50 ManikinCarry	1
	Under 16 Female - 50 Swim with Fins	1
	Under 16 Female - 100 ManikinCarryW/fins	1
	Under 16 Female - 50 Line Throw	2
	Under 16 Female - 200 4x50 Obstacle Relay	4
	Under 16 Female - 200 4x50m Medley	4
	Under 16 Female - 100 4x25m Manikin Relay	4
Under 16 Mixed - 200 4x50 Obstacle Relay	4	
Under 16 Mixed - 200 4x50m Medley	4	

Age	Events	Competitors
UNDER 19	Under 19 Male - 50 Swim with Fins	1
	Under 19 Male - 50 Manikin Carry	1
	Under 19 Male - 100 Manikin Carry W/fins	1
	Under 19 Male - 100 Manikin Tow W/Fins	1
	Under 19 Male - 100 Rescue Medley Manikin	1
	Under 19 Male - 200 Swim with Obstacles	1
	Under 19 Male - 200 Super Lifesaver	1
	Under 19 Male - 50 Line Throw	2
	Under 19 Male - 100 4x25m Manikin Relay	4
	Under 19 Male - 200 4x50 Obstacle Relay	4
	Under 19 Male - 200 4x50m Medley	4
	Under 19 Female - 50 Swim with Fins	1
	Under 19 Female - 50 Manikin Carry	1
	Under 19 Female - 100 Manikin Carry W/fins	1
	Under 19 Female - 100 Manikin Tow W/Fins	1
	Under 19 Female - 100 Rescue Medley Manikin	1
	Under 19 Female - 200 Swim with Obstacles	1
	Under 19 Female - 200 Super Lifesaver	1
	Under 19 Female - 50 Line Throw	2
	Under 19 Female - 100 4x25m Manikin Relay	4
	Under 19 Female - 200 4x50 Obstacle Relay	4
	Under 19 Female - 200 4x50m Medley	4
	Under 19 Mixed - 200 4x50 Obstacle Relay	4
Under 19 Mixed - 200 4x50m Medley	4	

Age	Events	Competitors
Open	Open Male - 100 OpenManikinTowW/fins	1
	Open Male - 100 RescueMedleyManikin	1
	Open Male - 200 swim with Obstacles	1
	Open Male - 50 ManikinCarry	1
	Open Male - 50 Open Swim with Fins	1
	Open Male - 100 ManikinCarryW/fins	1
	Open Male - 200 Super Lifesaver	1
	Open Male - 50 Line Throw	2
	Open Male - 100 4x25m Manikin Relay	4
	Open Male - 200 Open 4x50m Medley	4
	Open Male - 200 4x50 Open Obstacle	4
	Open Female - 100 OpenManikinTowW/Fins	1
	Open Female - 100 RescueMedleyManikin	1
	Open Female - 200 Swim with obstacles	1
	Open Female - 50 Open ManikinCarry	1
	Open Female - 50 Open Swim with Fins	1
	Open Female - 100 ManikinCarryW/fins	1
	Open Female - 200 Super Lifesaver	1
	Open Female - 50 Line Throw	2
	Open Female - 200 4x25m Manikin Relay	4
	Open Female - 200 Open 4x50m Medley	4
	Open Female - 200 Open 4x50m Obstacle	4
	Open Mixed - 200 4x50 Medley	4
Open Mixed - 200 4x50 Obstacle Relay	4	
Open Mixed - 300 6x50 MEGA Relay	6	

Age	Events	Competitors
MASTERS 30-39	Masters Male - 100 MasterManikinTow/fin	1
	Masters Male - 50 MastersSwimWFins	1
	Masters Male - 50 Masters Line Throw	2
	Masters Males - 100 MastersSwimObstacle	1
	Masters Female - 100 MastersSwimWObstacle	1
	Masters Female - 100 MasterManikinTow/Fin	1
	Masters Female - 50 Masters Line Throw	2
	Masters Female - 50 MastersSwim W Fins	1
	Masters Mixed - 200 masters 4x50 Obstacle (all ages)	4

MASTERS 40-49	Masters Male - 100 MasterManikinTow/fin	1
	Masters Male - 50 MastersSwimWFins	1
	Masters Male - 50 Masters Line Throw	2
	Masters Males - 100 MastersSwimObstacle	1
	Masters Female - 100 MastersSwimWObstacle	1
	Masters Female - 100 MasterManikinTow/Fin	1
	Masters Female - 50 Masters Line Throw	2
	Masters Female - 50 MastersSwim W Fins	1
	Masters Mixed - 200 masters 4x50 Obstacle (all ages)	4

MASTERS 50+	Masters Male - 100 MasterManikinTow/fin	1
	Masters Male - 50 MastersSwimWFins	1
	Masters Male - 50 Masters Line Throw	2
	Masters Males - 100 MastersSwimObstacle	1
	Masters Female - 100 MastersSwimWObstacle	1
	Masters Female - 100 MasterManikinTow/Fin	1
	Masters Female - 50 Masters Line Throw	2
	Masters Female - 50 MastersSwim W Fins	1
	Masters Mixed - 200 masters 4x50 Obstacle (all ages)	4