Christchurch 25m Pool Interclub No.2

Date: Sunday 25th August, 2019
Venue: Jellie Park Aquatic Centre
Address: 295 Ilam Rd, Burnside
Time: Sunday 8.00am Start for juniors (U10-U14), seniors from 11.30am approx. (U16-Open)
Entries close: Monday 19th August 2019 5.00pm
Entry fees: Entries fees for this event will be as follows (GST Inclusive):
$20.00 per competitor .This covers all events entered

In this document you will find information to assist with entering, attending and competing in the 2nd Christchurch 25m Pool Interclub's this season

At all times the latest information for this event will be available on the SLSNZ Events Calendar section of the SLSNZ website www.surflifesaving.org.nz/calendar.

Session Times for Interclub #2

	25th August
Team Managers Meeting	7.15am
Surf Officials Meeting	7.30am
Time Keepers	7.45am
Warm up Begins	7.30am
Warm up Ends	7.50am
Session Begins	8.00am
Session Ends	Approx4.00pm

Event Entry Process

For this event we will be using the Enter Now Entry system. If you have any issues using the new system please do not hesitate to contact Scotty Roberts.

Entries Close: **Monday 19th August, 2019 5.00pm**

Please note:

- There will be no late entries permitted.
- Team Manager's contact details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.

All entry fees will be calculated via the online entry system following the close of entries and your club will be invoiced directly (fees mentioned on page 1).

Eligibility of competitors

This competition is open to any SLSNZ affiliated club. Without the following details your members will not be eligible to compete nor will they be able to be entered through the online entry system.
SLSNZ reserve the right to limit the number of competitors per event.

a) Current Members (i.e. must not be stored in the 'Last Season Members' or 'Historical Members' folder on the PAM Database.
b) Must have the "Membership Form Received" by SLSNZ. (indicated by a 'tick box' at the top of the individuals membership tab)
c) Have a DOB recorded on the PAM Database.
d) Have a PRIMARY membership with the club they intend to compete for (membership status displayed in the 'Membership' tab of the individual in the Database)
e) Team substitutes must be registered in some capacity in the event (see notes below)

Please Note:

- It is not a requirement of the event that competitors hold the Surf Lifeguard Award. But they need to be a member of the club they wish to compete for.
- Combined club teams for relays will not be permitted.

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- All competitors, including possible substitutes, are to have met all of the eligibility criteria outlined above by the close of entries.

Age

The NZ Pool Events programme are scheduled before the Beach based events for the current season New Zealand's season is from the 1st of July to 30th June the following year. A competitor's age group is determined by their age as at midnight on 30th September within the current season. This event will be held in this criteria

For example if the current season is 2019/20 then the season is 1st June 2019 to 30th June 2020 and the age date is the 30th September 2019
This means that this event will be raced as in the 2019/20 Surf Season

As stated in (e) above, all team substitutes must be registered in some capacity in the competition. This means that if an athlete is competing in any event for example the 50m Swim with Fins, they are registered for the overall event.

In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event. Therefore any potential substitutes (who are not already competing) must be entered into event code 300 Substitutes. This is to allow fairness to all by ensuring that all eligibility criteria are met.

Note
This event allows the inclusion of U10 athletes to allow greater club inclusion for racing. This is an exception to the Nationl Pool Rules , and U10 atletes **WILL NOT** be allowed to race at National Events
U10 Races- All u10 races will be 25m , including relays

Please Note:
Individual entries cannot be substituted for by another competitor; only team entries as outlined in the Surf Sport Competition Manual.

Time Keepers

A large number of time keepers are required to ensure the successful running of the Christchurch 25m Pool Interclub Pool Event.

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As such, each competing club will be required to supply timekeepers during some if not all of the sessions. On close of entries clubs will be emailed the exact session times and the number of time keepers they will require. We require 16 timekeepers to cover each session. The number your club will require will be based on total number of entries and the number of entries that your club has. Penalties will be imposed to those clubs who fail to meet this requirement.

Event times and proposed programme

The following are a general indication of the Event Timetable and Competition Programme and should only be used as a guide at this stage. A detailed daily timetable of events will be prepared and circulated once final entry numbers are received.

	25th August
Team Managers Meeting	7.15am
Surf Officials Meeting	7.30am
Time Keepers	7.45am
Warm up Begins	7.30am
Warm up Ends	7.50am
Session Begins	8.00am
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Event Rules

The Christchurch 25m Pool Interclub Pool Events will be conducted under the rules as published in the SLSNZ 25m Full Distance Pool Competition Manual. This manual is based upon the International Life Saving (ILS) World Championship Rules. SLSNZ_PoolCompetitionManual-25m-Pool-Full-Distant-Events

Points Score

The following points will be awarded for each individual and team race.

Individual Events: 3, 2, 1
Team Events: 5, 3, 1

Seating Plan

At the closing of entries a seating plan will emailed out to all team managers. Please note that seating is limited and may not accommodate all athletes and spectators.

Event Descriptions

The following is a brief description of each event for entry purposes.
Please consult the New Zealand Pool Championships Competition Manual for a full break down of all event general conditions and specific event rules and regulations.

Swim with Obstacles (25m,50m, 100m, 200m)
The competitor swims the prescribed distance in freestyle during which he/she swims under one (1) immersed obstacle per 25m.

100m Tube with Patient and Fins
The rescuer swims 75m freestyle to the other end and clips their patient into a tube. The patient must have at least one hand on the end of the pool. The Rescuer and patient then swim the other 25m where the patient must stay on their back but may assist the tow by kicking and sculling under the water.

100m Manikin Tow with Fins
The competitor swims 75m freestyle with fins and rescue tube. After touching the turning edge, the competitor secures the rescue tube around a manikin floating at the surface and tows it to the finish.

25/50m Swim with Fins
The competitor swims 25/50m freestyle with fins.

50m Manikin Carry without Fins
The competitor swims 25m freestyle and then dives to recover a submerged manikin to the surface within 5m of the pick-up line. The competitor then carries the manikin to the finish edge of the pool.

50m Brick Carry without Fins
The competitor swims 30/35m freestyle and then dives to recover a submerged rubber brick to the surface within 5m of the pick-up line. The competitor then carries the rubber brick to the finish edge of the pool.

100m Manikin Carry with Fins
The competitor swims 75m freestyle wearing fins and then dives to recover a submerged manikin to the surface within 10m of the turning edge. The competitor carries the manikin to the finish edge of the pool.

Line Throw
In this timed event, the competitor throws an un weighted line to a fellow team member located in the water approximately 12.5m distant and pulls this "victim" back to the poolside.

4x25m Obstacle Relay
Four competitors swim 25m freestyle each passing under one (1) immersed obstacle.

4x25m Medley Relay
The first competitor swims 25m freestyle without fins. The second competitor swims 25m freestyle with fins. The third competitor swims 25m freestyle pulling a rescue tube and after having touched the wall, passes the harness of the rescue tube to a fourth competitor who wears fins. The third competitor becomes the "victim," holds the rescue tube with both hands, while being towed 25m by the fourth competitor to the finish.

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6x 25 Super Mega Relay (two extra swimmers as per the 25m Rule Book)
The first competitor swims 25m freestyle without fins. The second competitor swims 25m freestyle with fins. The third competitor swims 25m freestyle without fins. The fourth competitor swims 25m freestyle with fins. The fifth competitor swims 25m freestyle without fins. The sixth competitor swims 25m freestyle with fins.

Please do not hesitate to contact us if you have any questions or queries regarding this, or any future events. We look forward to seeing you all at the event.

From this point forward information will only be sent to those listed as the Team Manager on the online entry system; however the latest information will also be available on the NZ Events Calendar section of the SLSNZ website https://www.surflifesaving.org.nz/sport/calendar/

As always if you have any questions or queries please do not hesitate to contact me on any of the means below.

Scotty Roberts
Sports Manager , Christchurch and Tasman
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Programme for Sunday 25th August, 2019

Event
U14 Mens 25m Swim with Fins
U14 Womens 25m Swim with Fins
U12 Mens 50m Swim with Fins
U12 Womens 50m Swim with Fins
U10 Mens 25m Swim with Fins
U10 Womens 25m Swim with Fins
U14 Mixed 4x 25m Medley Relay
U12 Mixed 4 x 25m Medley Relay
U14 Mens 50m Brick Carry without Fins
U14 Womens 50m Brick Carry without Fins
U12 Mens 25m Brick Carry without Fins
U12 Womens 25m Brick Carry without Fins
U14 Mixed 4x 25 Brick Relay
U12 Mixed 4 x 25m Brick Relay
U14 Mens 100m Tube Swim with Patient and Fins
U14 Womens 100m Tube Swim with Patient and Fins
U12 Mens 50m Tube Swim with Patient and Fins
U12 Womens 50m Tube Swim with Patient and Fins
6 x 25m Junior Mega Relay
Set Up
U14 Mens100m Swim with Obstacles
U14 Womens 100m Swim with Obstacles
U12 Mens 50 Swim with Obstacles
U12 Womens 50 Swim with Obstacles
U10 Mens 25m Swim with Obstacles
U10 Womens 25m Swim with Obstacles
U14 Mixed 4x 25m Obstacle Relay
U12 Mixed 4x 25m Obstacle Relay
Set Up/Senior Warm up
U16 Mens 200m Swim with Obstacles
U16 Womens 200m Swim with Obstacles
U19 Mens 200m Swim with Obstacles
U19 Womens 200m Swim with Obstacles
Open Mens 200m Swim with Obstacles
Open Womens 200m Swim with Obstacles
Masters Mens 100m Swim with Obstacles
Masters Mens 100m Swim with Obstacles
U16 Mixed 4x 25m Obstacle Relay
U19Mixed 4x 25m Obstacle Relay
Open Mixed 4x 25m Obstacle Relay
Masters Mixed 4x 25m Obstacle Relay
Set Up
Open Mens Line Throw
Open Womens Line Throw
U16 Mens Line Throw
U16 Womens Line Throw
U19 Mens Line Throw
U19 Womens Line Throw
Masters Mens Line Throw
Masters Womens Line Throw

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Set Up
U16 Mens 50m Swim with Fins
U16 Womens 50m Swim with Fins
Open Mens 50m Swim with Fins
Open Womens 50m Swim with Fins
U19 Mens 50m Swim with Fins
U19 Womens 50m Swim with Fins
Masters Mens 50m Swim with Fins
Masters Womens 50m Swim with Fins
Open Mixed 4x 25m Medley Relay
U16 Mixed 4x25m Medley Relay
Masters Mixed 4x 25m Medley Relay
Set Up
Open Mens 100m Manikin Carry with Fins
Open Womens 100m Manikin Carry with Fins
U16 Mens 100m Manikin Tow with Fins
U16 Womens 100m Manikin Tow with Fins
Open Mens 100m Manikin Tow with Fins
Open Womens 100m Manikin Tow with Fins
U19 Mens 100m Manikin Tow with Fins
U19 Womens 100m Manikin Tow with Fins
Masters Mens 100m Manikin Tow with Fins
Masters Womens 100m Manikin Tow with Fins
Set Up
U16 Mens 50m Manikin Carry without Fins
U16 Womens 50m Manikin Carry without Fins
Open Mens 50m Manikin Carry without Fins
Open Womens 50m Manikin Carry without Fins
U19 Mens 50m Manikin Carry without Fins
U19 Womens 50m Manikin Carry without Fins
Masters Mens 50m Manikin Carry without Fins
Masters Women 50m Manikin Carry without Fins
Set Up
U16 Mixed 4x 25m Manikin Relay
Open Mixed 4 x 25m Manikin Relay
Set Up
6 x 25m Senior Mega Relay