

Programme

Saturday 6 April 2019

Start Time: **9:00am**
 Prizegiving: 30 minutes after the conclusion of racing
 Low Tide: 12:03pm – 0.3m
 High Tide: 5:35pm – 2.0m

Water Arena	Progressions
Mass Rescue	
U19 Men Heats (4)	Top 3 to Semis
U20 Women Heats (3)	Top 4 to Semis
U22 Men Heats (2)	Top 3 to Final
Open Women Heats (4)	Top 3 to Semis
Open Men Heats (4)	Top 3 to Semis
U19 Men Semis (2)	Top 3 to Final
U20 Women Semis (2)	Top 3 to Final
Open Women Semis (2)	Top 3 to Final
Open Men Semis (2)	Top 3 to Final
U19 Men Final	
U20 Women Final	
U22 Men Final	
Open Women Final	
Open Men Final	
Tube Rescue	
U19 Men Heats (4)	Top 3 to Semis
U20 Women Heats (2)	Top 3 to Final
U22 Men Heats (2)	Top 3 to Final
Open Women Heats (3)	Top 4 to Semis
Open Men Heats (4)	Top 3 to Semis
U19 Men Semis (2)	Top 3 to Final
Open Women Semis (2)	Top 3 to Final
Open Men Semis (2)	Top 3 to Final
U19 Men Final	
U20 Women Final	

U22 Men Final	
Open Women Final	
Open Men Final	
Team Rescue	
Open Men Heats (4)	Top 3 to Semis
Open Women Heats (2)	Top 3 to Final
Open Men Semis (2)	Top 3 to Final


Sunday 7 April 2019
(Note Daylight Saving)

Start Time: 8:30am
 Prizegiving: 30 minutes after the conclusion of racing
 Low Tide: 11:44am – 0.3m
 High Tide: 5:15pm – 2.0m

Water Arena	Progression
Assembly Rescue	
U19 Men Heats (4)	Top 3 to Semis
U20 Women Heats (3)	Top 4 to Semis
U22 Men Heats (2)	Top 3 to Final
Open Women Heats (4)	Top 3 to Semis
Open Men Heats (4)	Top 3 to Semis
U19 Men Semis (2)	Top 3 to Final
U20 Women Semis (2)	Top 3 to Final
Open Women Semis (2)	Top 3 to Final
Open Men Semis (2)	Top 3 to Final
U19 Men Final	
U20 Women Final	
U22 Men Final	
Open Women Final	
Open Men Final	
Single Rescue	
U19 Men Heats (4)	Top 3 to Semis
U20 Women Heats (3)	Top 4 to Semis
U22 Men Heats (2)	Top 3 to Final
Open Women Heats (4)	Top 3 to Semis
Open Men Heats (4)	Top 3 to Semis
U19 Men Semis (2)	Top 3 to Final
U20 Women Semis (2)	Top 3 to Final
Open Women Semis (2)	Top 3 to Final
Open Men Semis (2)	Top 3 to Final
U19 Men Final	
U20 Women Final	
U22 Men Final	

Open Women Final	
Open Men Final	
Team Rescue	
Open Men Final	
Open Women Final	