



NATIONALS 2019

SURF LIFESAVING CHAMPIONSHIPS
MARCH 21-24, 2019 - MOUNT MAUNGANUI

TSB New Zealand Surf Life Saving Championships Programme of Events

(Updated 22nd March 2019)

Important Notes:

- Arena Locations may change due to conditions.
- Start times during the day are a guide only.
- Note that this programme is subject to change by the Event Management Committee (EMC), any changes will be communicated at the earliest time to Team Managers.
- No race briefings will be held prior to races unless there has been a course change.
- Long and Short Course Canoe programme format will be decided once entries have closed.

Tides:

Date	High Tide Time/Metre	Low Tide Time/Metre
Thursday 21 st March 2019	8:18am - 1.96m	2:28pm - 0.09m
Friday 22 nd March 2019	9:10am - 1.97m	3:21pm - 0.03m
Saturday 23 rd March 2019	10:01am - 1.94m	4:12pm - 0.01m
Sunday 24 th March 2019	10:53am - 1.88m	5:01pm - 0.02m



 **TSB**

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TSB New Zealand Surf Life Saving Masters Championships - Thursday 21st March 2019

Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3	Boat/Canoe Arena
8.30am Start	8.30am Start	8.30am Start
Men's Run Swim Run	Women's Run Swim Run	Round 1 Canoe
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Men
Men's Board Race	Women's Board Race	120+/140+/160+/180+/200+ Women
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	Round 1 Boat
Men's Ski Relay	Women's Ski Relay	120+/140+/160+/180+/200+ Men
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	120+/140+/160+/180+/200+ Women
Men's Ironperson	Women's Ironperson	Round 2 Canoe
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Men
Men's Surf Race	Women's Surf Race	120+/140+/160+/180+/200+ Women
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	Round 2 Boat
Men's Double Ski	Women's Ski Race	120+/140+/160+/180+/200+ Men
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Women
Men's Surf Teams	Women's Surf Teams	Round 3 Canoe
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	120+/140+/160+/180+/200+ Men
Men's Board Relay	Women's Board Relay	120+/140+/160+/180+/200+ Women
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	Round 3 Boat
Men's Ski Race	Women's Double Ski	120+/140+/160+/180+/200+ Men
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Women
Men's Taplin Relay	Women's Taplin Relay	
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	
Endevour Sport - Beach Arena - 2:00pm Approx. Start		
Men's Beach Sprints	Women's Beach Sprints	
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	
Men's Beach Relay	Women's Beach Relay	
120+, 140+, 160+, 180+, 200+	120+, 140+, 160+, 180+, 200+	
Men's Beach Flags	Women's Beach Flags	
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	
Medal Presentations for all Masters Events at the Central Presentation Hub – 4:00pm to 5:00pm		

TSB New Zealand Surf Life Saving National Championships - Friday 22nd March 2019

STA Travel – Water Arena 1	Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3			Canoe Arena – Short Course
8:00am Approx. Start	8:00am Approx. Start	08:00am Approx. Start			8:00am Start – Round 1
U19 M Tube Rescue Heat's	Open M Tube Rescue Heat's	U16 M Tube Rescue Heat's			Open M Open W
U19 W Tube Rescue Heat's	Open W Tube Rescue Heat's	U16 W Tube Rescue Heat's			U19 M U19 W
U19 M Tube Rescue Final	Open M Tube Rescue Final	U16 M Tube Rescue Final			
U19 W Tube Rescue Final	Open W Tube Rescue Final	U16 W Tube Rescue Final	Endeavour Sport - Beach Arena		Open M Open W
			12:00pm Approx. Start		U19 M U19 W
U19 M Board Rescue Heat's	Open M Board Rescue Heat's	U16 M Board Rescue Heats	U16 W U16 M Beach Sprint Heat's	Round 3 Sat 8:00am	
U19 W Board Rescue Heat's	Open W Board Rescue Heat's	U16 W Board Rescue Heats	U16 W U16 M Beach Sprint QTR's	Open M Open W	
U19 M Board Rescue Semi's	Open M Board Rescue Semi's	U16 M Board Rescue Semi's	U16 W U16 M Beach Sprint Semi's	U19 M U19 W	
U19 W Board Rescue Semi's	Open W Board Rescue Semi's	U16 W Board Rescue Semi's	U16 W Beach Sprint Final	Semis	
U19 M Board Rescue Final	Open M Board Rescue Final	U16 M Board Rescue Final	U16 M Beach Sprint Final	Open M Semi Open W Semi	
U19 W Board Rescue Final	Open W Board Rescue Final	U16 W Board Rescue Final	U16 W U16 M Beach Relay Heat's	Finals	
			U16 W Beach Relay Final	U19 W Final	
U19 M Board Heat's	U19 W Double Ski Heats	U16 M Ski Heat's	U16 M Beach Relay Final	U19 M Final	
U19 W Board Heat's	Open W Double Ski Heats	U16 W Ski Heat's	U19 W U19 M Beach Sprint Heat's	Open W Final	
U19 M Board Semi's	U19 W Double Ski Semi's	U16 M Ski QTR's	U19 W U19 M Beach Sprint Semi's	Open M Final	
U19 W Board Semi's	Open W Double Ski Final	U16 W Ski Semi's	U19 W Sprint Final	Boat Arena – Long Course	
	U19 W Double Ski Final	U16 M Ski Semi's	U19 M Sprint Final	08:00am Start – Round 1	
			U19 W U19 M Beach Relay Heat's	Open M Open W	
U19 W Surf Race Heat's	U19 M Double Ski Heats		U19 W Beach Relay Final	U23 M U23 W	
	Open M Double Ski Heats		U19 M Beach Relay Final	U19 M U19 W	
	U19 M Double Ski Semi's		Open W Open M Beach Sprint Heat's	Round 2	
	Open M Double Ski Semi's		Open W Open M Beach Sprint Semi's	Open M Open W	
	U19 M Double Ski Final		Open W Sprint Final	U23 M U23 W	
	Open M Double Ski Final		Open M Sprint Final	U19 M U19 W	
			Open W Open M Beach Relay Heat's	Round 3	
			Open W Beach Relay Final	Open M Open W	
			Open M Beach Relay Final	U23 M U23 W	
				U19 M U19 W	

Medal Presentations for all events at the Central Presentation Hub – Canoe Arena 3:45pm – 4:00pm / Water Arenas 4:00pm to 4:30pm / Beach Arenas 4:30pm

TSB New Zealand Surf Lifesaving Championships - Saturday 23rd March 2019

STA Travel – Water Arena 1	Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3	Water Arena 4	Canoe Arena – Long Course
8:00am Approx. Start	8:00am Approx. Start	08:00am Approx. Start	08:00am Approx. Start	10:30am Start – Round 1
U19 M Surf Teams Heats	Open M Board Heat's	U16 M Board Heat's	U16 W Board Heat's	Open M Open W
U19 W Surf Teams Heats	Open W Board Heat's	U16 M Board QTR's	U16 W Board QTR's	U19 M U19 W
	Open M Board Semi's	U16 M Board Semi's	U16 W Board Semi's	
U19 M Ironperson Heat's	Open W Board Semi's			Open M Open W
U19 W Ironperson Heat's		U16 M Surf Teams Heats	U16 W Surf Teams Heats	U19 M U19 W
U19 M Ironperson Semi's	Open M Board Relay Heat's			Round 3
U19 W Ironperson Semi's	Open W Board Relay Final	U16 M Board Relay Heat's	U16 W Board Relay Heat's	Open M Open W
	Open M Board Relay Final	U16 M Board Relay Semi's	U16 W Board Relay Semi's	U19 M U19 W
U19 M Taplin Heat's		U16 M Board Relay Final	U16 W Board Relay Final	Semis
U19 W Taplin Heat's	Open M Ironperson Heat's			Open M Semi Open W Semi
U19 M Taplin Semi's	Open W Ironperson Heat's	U16 M Ironperson Heats	U16 W Ironperson Heats	Finals
	Open M Ironperson Semi's	U16 M Diamond Heat's	U16 W Diamond Heat's	U19 M Final
U19 M Ski Heat's	Open W Ironperson Semi's	U16 M Ironperson Semi's	U16 W Ironperson Semi's	U19 W Final
U19 W Ski Heat's		U16 M Diamond Semi's	U16 W Diamond Semi's	Open M Final
U19 M Ski Semi's	Open M Ski Heat's			Open W Final
U19 W Ski Semi's	Open W Ski Heat's	U16 M RSR Heat's	U16 W RSR Heat's	Boat Arena – Short Course
	Open M Ski Semi's	U16 M RSR Final	U16 W RSR Final	08.00am Start – Round 1
U19 W RSR Heat's	Open W Ski Semi's			Open M Open W
U19 M RSR Heat's			Endeavour Sport - Beach Arena	U23 M U23 W
U19 W RSR Final	Open M RSR Heat's		3:30pm Approx. Start	U19 M U19 W
U19 M RSR Final	Open W RSR Final		U16 M Beach Flags	Round 2
	Open M RSR Final		U16 W Beach Flags	Open M Open W
			U19 M Beach Flags	U23 M U23 W
	Open Mixed Double Ski Heats		U19 W Beach Flags	U19 M U19 W
	Open Mixed Double Ski Semi's		Open M Beach Flags	Round 3
	Open Mixed Double Ski Final		Open W Beach Flags	Open M Open W
				U23 M U23 W
				U19 M U19 W

Medal Presentations for all events at the Central Presentation Hub – Canoe Arena 3:00pm – 3:30pm / Water Arenas 4:30pm to 5:00pm / Beach Arenas 5:15pm

TSB New Zealand Surf Lifesaving Championships – Sunday 24th March 2019

STA Travel – Water Arena 1	Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3	Endeavour Sport – Beach Arena	Boat Arena – Long Course
8.00am Start	8.00am Start	8.00am Start	8:00am Approx. Start	8.30am Start – Round 4
U19 M Surf Race Heat's	Open M Surf Race Heats	U16 M Surf Teams Final	U16 W 2km Beach Run	
	Open M Ski Relay Heat's	U16 W Surf Teams Final	U16 M 2km Beach Run	U23 M / U19 M / U19 W
U19 M Board Relay Heat's	Open W Ski Relay Final		U19 W 2km Beach Run	Round 5
U19 W Board Relay Heat's	Open M Ski Relay Final	U16 M Taplin Heat's	U19 M 2km Beach Run	U23 M / U19 M / U19 W
U19 M Board Relay Semi's	Open M Taplin Heat's	U16 W Taplin Heat's	Open W 2km Beach Run	Finals
U19 W Board Relay Semi's	Open W Taplin Heat's	U16 M Taplin Semi's	Open M 2km Beach Run	U23 W Final
U19 W Board Relay Final	U19 M Surf Teams Final	U16 W Taplin Semi's		Open W Final
U19 M Board Relay Final	U19 W Surf Teams Final			Open M Final
	Open M Surf Teams Final	U16 W Surf Race Heat's		Open Mixed Surf Boat Relay Final
U19 M Ski Relay Heat's	Open W Surf Teams Final	U16 M Surf Race Heat's		Boat Arena – Short Course
U19 W Ski Relay Heat's				11.30am Start – Round 4
U19 M Ski Relay Semi's	Waterman Store - Men's Finals Arena	Sonic Surf Craft - Women's Finals Arena		U23 M / U19 M / U19 W
U19 M Ski Relay Final	12.30noon Start	12:30noon Start		Round 5
U19 W Ski Relay Final	U16 M Surf Race Final	U16 W Surf Race Final		U23 M / U19 M / U19 W
	U19 M Surf Race Final	U19 W Surf Race Final		Finals
	Open M Surf Race Final	Open W Surf Race Final		U23 W Final
	U16 M Board Final	U16 W Board Final		Open W Final
	U19 M Board Final	U19 W Board Final		Open M Final
	Open M Board Final	Open W Board Final		
	U16 M Ski Final	U16 W Ski Final		
	U19 M Ski Final	U19 W Ski Final		
	Open M Ski Final	Open W Ski Final		
	U16 M Ironperson Final	U16 W Diamond Lady Final		
	U16 M Diamond Final	U16 W Ironperson Final		
	U19 M Ironperson Final	U19 W Ironperson Final		
	Open M Ironperson Final	Open W Ironperson Final		
	U16 M Taplin Final	U16 W Taplin Final		
	U19 M Taplin Final	U19 W Taplin Final		
	Open M Taplin Final (6 person)	Open W Taplin Final		
Medal Presentations for all events at the Central Presentation Hub – Beach Arena 9:00am to 9:30am / Boat Arena 2:30pm to 3:00pm / Water Arenas 3:30pm				