



 **TSB**

**NATIONALS 20**  
**SURF LIFESAVING CHAMPIONSHIPS 19**  
MARCH 21-24, 2019 - MOUNT MAUNGANUI

# TSB New Zealand Surf Life Saving Championships

## Programme of Events

(Updated 17<sup>th</sup> March 2019)

### Important Notes:

- Arena Locations may change due to conditions.
- Start times during the day are a guide only.
- Note that this programme is subject to change by the Event Management Committee (EMC), any changes will be communicated at the earliest time to Team Managers.
- No race briefings will be held prior to races unless there has been a course change.
- Long and Short Course Canoe programme format will be decided once entries have closed.

### Tides:

Date	High Tide Time/Metre	Low Tide Time/Metre
Thursday 21 <sup>st</sup> March 2019	8:18am - 1.96m	2:28pm - 0.09m
Friday 22 <sup>nd</sup> March 2019	9:10am - 1.97m	3:21pm - 0.03m
Saturday 23 <sup>rd</sup> March 2019	10:01am - 1.94m	4:12pm - 0.01m
Sunday 24 <sup>th</sup> March 2019	10:53am - 1.88m	5:01pm - 0.02m



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**19**

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## TSB New Zealand Surf Life Saving Masters Championships - Thursday 21<sup>st</sup> March 2019

Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3	Boat/Canoe Arena
8.30am Start	8.30am Start	8.30am Start
Men's Run Swim Run	Women's Run Swim Run	Round 1 Canoe
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Men
Men's Board Race	Women's Board Race	120+/140+/160+/180+/200+ Women
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	Round 1 Boat
Men's Ski Relay	Women's Ski Relay	120+/140+/160+/180+/200+ Men
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	120+/140+/160+/180+/200+ Women
Men's Ironperson	Women's Ironperson	Round 2 Canoe
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Men
Men's Surf Race	Women's Surf Race	120+/140+/160+/180+/200+ Women
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	Round 2 Boat
Men's Double Ski	Women's Ski Race	120+/140+/160+/180+/200+ Men
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Women
Men's Surf Teams	Women's Surf Teams	Round 3 Canoe
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	120+/140+/160+/180+/200+ Men
Men's Board Relay	Women's Board Relay	120+/140+/160+/180+/200+ Women
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	Round 3 Boat
Men's Ski Race	Women's Double Ski	120+/140+/160+/180+/200+ Men
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	120+/140+/160+/180+/200+ Women
Men's Taplin Relay	Women's Taplin Relay	
90+, 110+, 130+, 150+	90+, 110+, 130+, 150+	
Endevour Sport - Beach Arena - 2:00pm Approx. Start		
Men's Beach Sprints	Women's Beach Sprints	
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	
Men's Beach Relay	Women's Beach Relay	
120+, 140+, 160+, 180+, 200+	120+, 140+, 160+, 180+, 200+	
Men's Beach Flags	Women's Beach Flags	
30/34, 35/39, 40/44, 45/49, 50/54...	30/34, 35/39, 40/44, 45/49, 50/54...	
Medal Presentations for all Masters Events at the Central Presentation Hub – 4:00pm to 5:00pm		

## TSB New Zealand Surf Life Saving National Championships - Friday 22<sup>nd</sup> March 2019

STA Travel – Water Arena 1	Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3	Canoe Arena – Short Course	
8:00am Approx. Start	8:00am Approx. Start	08:00am Approx. Start	8:00am Start – Round 1	
U19 M Tube Rescue Heat's	Open M Tube Rescue Heat's	U16 M Tube Rescue Heat's	Open M   Open W	
U19 W Tube Rescue Heat's	Open W Tube Rescue Heat's	U16 W Tube Rescue Heat's	U19 M   U19 W	
<b>U19 M Tube Rescue Final</b>	<b>Open M Tube Rescue Final</b>	<b>U16 M Tube Rescue Final</b>	Round 1	
<b>U19 W Tube Rescue Final</b>	<b>Open W Tube Rescue Final</b>	<b>U16 W Tube Rescue Final</b>	Open M   Open W	
			U19 M   U19 W	
U19 M Board Rescue Heat's	Open M Board Rescue Heat's	U16 M Board Rescue Heats	U16 W   U16 M Beach Sprint Heat's	Round 3
U19 W Board Rescue Heat's	Open W Board Rescue Heat's	U16 W Board Rescue Heats	U16 W   U16 M Beach Sprint QTR's	Open M   Open W
U19 M Board Rescue Semi's	Open M Board Rescue Semi's	U16 M Board Rescue Semi's	U16 W   U16 M Beach Sprint Semi's	U19 M   U19 W
U19 W Board Rescue Semi's	Open W Board Rescue Semi's	U16 W Board Rescue Semi's	<b>U16 W Beach Sprint Final</b>	Semis
<b>U19 M Board Rescue Final</b>	<b>Open M Board Rescue Final</b>	<b>U16 M Board Rescue Final</b>	<b>U16 M Beach Sprint Final</b>	Open M Semi   Open W Semi
<b>U19 W Board Rescue Final</b>	<b>Open W Board Rescue Final</b>	<b>U16 W Board Rescue Final</b>	U16 W   U16 M Beach Relay Heat's	Finals
			<b>U16 W Beach Relay Final</b>	<b>U19 M Final</b>
U19 M Board Heat's	U19 W Double Ski Heats	U16 M Ski Heat's	<b>U16 M Beach Relay Final</b>	<b>U19 W Final</b>
U19 W Board Heat's	Open W Double Ski Heats	U16 W Ski Heat's	U19 W   U19 M Beach Sprint Heat's	<b>Open M Final</b>
U19 M Board Semi's	U19 W Double Ski Semi's	U16 M Ski QTR's	U19 W   U19 M Beach Sprint Semi's	<b>Open W Final</b>
U19 W Board Semi's	<b>Open W Double Ski Final</b>	U16 W Ski Semi's	<b>U19 W Sprint Final</b>	Boat Arena – Long Course
	<b>U19 W Double Ski Final</b>	U16 M Ski Semi's	<b>U19 M Sprint Final</b>	08:00am Start – Round 1
U19 M Surf Race Heat's			U19 W   U19 M Beach Relay Heat's	Open M   Open W
U19 W Surf Race Heat's	U19 M Double Ski Heats		<b>U19 W Beach Relay Final</b>	U23 M   U23 W
	Open M Double Ski Heats		<b>U19 M Beach Relay Final</b>	U19 M   U19 W
	U19 M Double Ski Semi's		Open W   Open M Beach Sprint Heat's	Round 2
	Open M Double Ski Semi's		Open W   Open M Beach Sprint Semi's	Open M   Open W
	<b>U19 M Double Ski Final</b>		<b>Open W Sprint Final</b>	U23 M   U23 W
	<b>Open M Double Ski Final</b>		<b>Open M Sprint Final</b>	U19 M   U19 W
			Open W   Open M Beach Relay Heat's	Round 3
	Open Mixed Double Ski Heats		<b>Open W Beach Relay Final</b>	Open M   Open W
	Open Mixed Double Ski Semi's		<b>Open M Beach Relay Final</b>	U23 M   U23 W
	<b>Open Mixed Double Ski Final</b>			U19 M   U19 W

Medal Presentations for all events at the Central Presentation Hub – Canoe Arena 3:45pm – 4:00pm / Water Arenas 4:00pm to 4:30pm / Beach Arenas 4:30pm

## TSB New Zealand Surf Lifesaving Championships - Saturday 23<sup>rd</sup> March 2019

STA Travel – Water Arena 1	Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3	Water Arena 4	Canoe Arena – Long Course
8:00am Approx. Start	8:00am Approx. Start	08:00am Approx. Start	08:00am Approx. Start	08:00am Start – Round 1
U19 M Surf Teams Final	Open M Board Heat's	U16 M Board Heat's	U16 W Board Heat's	Open M   Open W
U19 W Surf Teams Final	Open W Board Heat's	U16 M Board QTR's	U16 W Board QTR's	U19 M   U19 W
	Open M Board Semi's	U16 M Board Semi's	U16 W Board Semi's	
U19 M Ironperson Heat's	Open W Board Semi's			Open M   Open W
U19 W Ironperson Heat's		<b>U16 M Surf Teams Final</b>	<b>U16 W Surf Teams Final</b>	U19 M   U19 W
U19 M Ironperson Semi's	Open M Board Relay Heat's			Round 3
U19 W Ironperson Semi's	<b>Open W Board Relay Final</b>	U16 M Board Relay Heat's	U16 W Board Relay Heat's	Open M   Open W
	<b>Open M Board Relay Final</b>	U16 M Board Relay Semi's	U16 W Board Relay Semi's	U19 M   U19 W
U19 M Taplin Heat's		<b>U16 M Board Relay Final</b>	<b>U16 W Board Relay Final</b>	Semis
U19 W Taplin Heat's	Open M Ironperson Heat's			Open M Semi   Open W Semi
U19 M Taplin Semi's	Open W Ironperson Heat's	U16 M Ironperson Heats	U16 W Ironperson Heats	Finals
	Open M Ironperson Semi's	U16 M Diamond Heat's	U16 W Diamond Heat's	<b>U19 M Final</b>
U19 M Ski Heat's	Open W Ironperson Semi's	U16 M Ironperson Semi's	U16 W Ironperson Semi's	<b>U19 W Final</b>
U19 W Ski Heat's		U16 M Diamond Semi's	U16 W Diamond Semi's	<b>Open M Final</b>
U19 M Ski Semi's	Open M Ski Heat's			<b>Open W Final</b>
U19 W Ski Semi's	Open W Ski Heat's	U16 M RSR Heat's	U16 W RSR Heat's	<b>Boat Arena – Short Course</b>
	Open M Ski Semi's	<b>U16 M RSR Final</b>	<b>U16 W RSR Final</b>	08.00am Start – Round 1
U19 W RSR Heat's	Open W Ski Semi's			Open M   Open W
U19 M RSR Heat's			<b>Endeavour Sport - Beach Arena</b>	U23 M   U23 W
<b>U19 W RSR Final</b>	Open M RSR Heat's		<b>2:30pm Approx. Start</b>	U19 M   U19 W
<b>U19 M RSR Final</b>	<b>Open W RSR Final</b>		<b>U16 M Beach Flags</b>	Round 2
	<b>Open M RSR Final</b>		<b>U16 W Beach Flags</b>	Open M   Open W
			<b>U19 M Beach Flags</b>	U23 M   U23 W
			<b>U19 W Beach Flags</b>	U19 M   U19 W
			<b>Open M Beach Flags</b>	Round 3
			<b>Open W Beach Flags</b>	Open M   Open W
				U23 M   U23 W
				U19 M   U19 W

Medal Presentations for all events at the Central Presentation Hub – Canoe Arena 3:00pm – 3:30pm / Water Arenas 4:30pm to 5:00pm / Beach Arenas 5:00pm

## TSB New Zealand Surf Lifesaving Championships – Sunday 24<sup>th</sup> March 2019

STA Travel – Water Arena 1	Waterman Store – Water Arena 2	Sonic Surf Craft – Water Arena 3	Endeavour Sport – Beach Arena	Boat Arena – Long Course
8.00am Start	8.00am Start	8.00am Start	8:00am Approx. Start	8.30am Start – Round 4
U19 M Board Relay Heat's	Open M Surf Race Heats	U16 M Taplin Heat's	U16 W 2km Beach Run	
U19 W Board Relay Heat's		U16 W Taplin Heat's	U16 M 2km Beach Run	U23 M / U19 M / U19 W
U19 M Board Relay Semi's	Open M Ski Relay Heat's	U16 M Taplin Semi's	U19 W 2km Beach Run	Round 5
U19 W Board Relay Semi's	<b>Open W Ski Relay Final</b>	U16 W Taplin Semi's	U19 M 2km Beach Run	U23 M / U19 M / U19 W
<b>U19 W Board Relay Final</b>	<b>Open M Ski Relay Final</b>		<b>Open W 2km Beach Run</b>	Finals
<b>U19 M Board Relay Final</b>		U16 W Surf Race Heat's	<b>Open M 2km Beach Run</b>	U23 W Final
	Open M Taplin Heat's	U16 M Surf Race Heat's		Open W Final
U19 M Ski Relay Heat's	Open W Taplin Heat's			Open M Final
U19 W Ski Relay Heat's				Open Mixed Surf Boat Relay Final
U19 M Ski Relay Semi's	<b>Open M Surf Teams Final</b>			<b>Boat Arena – Short Course</b>
<b>U19 M Ski Relay Final</b>	<b>Open W Surf Teams Final</b>			11.30am Start – Round 4
<b>U19 W Ski Relay Final</b>	<b>Waterman Store - Men's Finals Arena</b>	<b>Sonic Surf Craft - Women's Finals Arena</b>		U23 M / U19 M / U19 W
	12.30noon Start	12:30noon Start		Round 5
	U16 M Surf Race Final	U16 W Surf Race Final		U23 M / U19 M / U19 W
	U19 M Surf Race Final	U19 W Surf Race Final		Finals
	Open M Surf Race Final	Open W Surf Race Final		U23 W Final
	U16 M Board Final	U16 W Board Final		Open W Final
	U19 M Board Final	U19 W Board Final		Open M Final
	Open M Board Final	Open W Board Final		
	U16 M Ski Final	U16 W Ski Final		
	U19 M Ski Final	U19 W Ski Final		
	Open M Ski Final	Open W Ski Final		
	U16 M Ironperson Final	U16 W Diamond Lady Final		
	U16 M Diamond Final	U16 W Ironperson Final		
	U19 M Ironperson Final	U19 W Ironperson Final		
	Open M Ironperson Final	Open W Ironperson Final		
	U16 M Taplin Final	U16 W Taplin Final		
	U19 M Taplin Final	U19 W Taplin Final		
	Open M Taplin Final (6 person)	Open W Taplin Final		

Medal Presentations for all events at the Central Presentation Hub – Beach Arena 9:00am to 9:30am / Boat Arena 2:30pm to 3:00pm / Water Arenas 3:30pm

