

Programme

Saturday 16 March 2019

Start Time: 8:30am
 Low Tide: 6:59am – 0.4m
 High Tide: 1:23pm – 1.8m

| Water Arena |
|------------------------|
| Mass Rescue |
| U22 Men Final |
| U19 Men Heats |
| U20 Women Heats |
| Open Women Heats |
| Open Men Heats |
| U19 Men Final |
| U20 Women Final |
| Open Women Semis |
| Open Men Semis |
| Open Women Final |
| Open Men Final |
| Tube Rescue |
| U22 Men Final |
| U19 Men Heats |
| U20 Women Heats |
| Open Women Heats |
| Open Men Heats |
| U19 Men Final |
| U20 Women Final |
| Open Women Final |
| Open Men Final |
| Assembly Rescue |
| U22 Men Final |
| U19 Men Heats |
| U20 Women Heats |
| Open Women Heats |
| Open Men Heats |
| U19 Men Final |
| U20 Women Final |
| Open Women Semis |
| Open Men Semis |



| |
|----------------------|
| Open Women Final |
| Open Men Final |
| Single Rescue |
| U22 Men Final |
| U19 Men Heats |
| U20 Women Heats |
| Open Women Heats |
| Open Men Heats |
| U22 Men |
| U19 Men Final |
| U20 Women Final |
| Open Women Semis |
| Open Men Semis |
| Open Women Final |
| Open Men Final |
| Team Rescue |
| Open Women Heats |
| Open Men Heats |
| Open Women Final |
| Open Men Final |