



Appendix One: Draft Programme

Please note that this programme is subject to change.

Day One – Saturday, 16th February 2019

Sprint Arena One (50m)	Beach Flags Arena One (2 x 10m Pits)	Sprint Arena One (50m)	Beach Flags Arena Two (2 x 10m Pits)	Water Arena Three	Water Arena Four
8:00am	U8 Flags M 16	U10 Sprint M – Heats (3)		0800 U14 2km Beach Relay Mixed – Final	
	U8 Flags F 9	U10 Sprint F – Heats (4)		U11 Surf Race M – Final 31	U13 Surf Race M – Final 26
	U9 Flags M 16	U10 Sprint F – Semi-Final (2)		U11 Surf Race F – Heats 35	U13 Surf Race F – Heats 44
	U9 Flags F 24	U10 Sprint M – Final		U12 Surf Race M – Heats 50	U14 Surf Race M – Heats 48
		U10 Sprint F – Final		U12 Surf Race F – Heats 43	U14 Surf Race F – Heats 46
U8 Sprint M – Heats (2)					
U8 Sprint F – Heats (1)		U10 Beach Relay F – Final		U11 Surf Race F – Final	U13 Surf Race F – Final
U9 Sprint M – Heats (2)		U10 Beach Relay M – Final		U12 Surf Race M – Final	U14 Surf Race M – Final
U9 Sprint F – Heats (3)				U12 Surf Race F – Final	U14 Surf Race F – Final
U8 Sprint M – Final			U10 Flags M 27		
U8 Sprint F – Final			U10 Flags F 34	U11 Board Race M – Heats (2)	U14 Tube Rescue M – Heats (4)
U9 Sprint M – Final				U11 Board Race F – Heats (3)	U14 Tube Rescue F – Heats (5)
U9 Sprint F – Final				U12 Board Race M – Heats (4)	U14 Tube Rescue M – Semis (2)
U9 Beach Relay M – Final				U12 Board Race F – Heats (3)	U14 Tube Rescue F – Semis (3)
U9 Beach Relay F – Final				U11 Board Race M – Final	U14 Tube Rescue M – Final
				U11 Board Race F – Final	U14 Tube Rescue F – Final
				U12 Board Race M – Final	
				U12 Board Race F – Final	U14 Board Rescue M –Heats (4)
					U14 Board Rescue F – Heats (5)
				U12 Diamond M – Heats (3)	U14 Board Rescue M–Semis (2)
				U12 Diamond F – Heats (3)	U14 Board Rescue F –Semis (3)
				U12 to Flags	U14 Board Rescue M – Final
			(2 x 15m Pits)	U11 Diamond M – Heats (2)	U14 Board Rescue F – Final
			U11 Flags M 31	U11 Diamond F – Heats (3)	
			U11 Flags F 35		U14 Board Relay M – Heats (2)
			U12 Flags M 50		U14 Board Relay F – Heats (2)
			U12 Flags F 45		U14 Board Relay M – Final
					U14 Board Relay F – Final



Saturday Afternoon

Water: Arena One	Arena Two	Sprint Arena One (70m)	Sprint Arena Two (70m)
U8 Run Wade Run M – Final 16	U10 Run Swim Run M – Final 27	U11 Sprint M – Heats (4)	U13 Sprint M – Heats (3)
U8 Run Wade Run F – Final 9	U10 Run Swim Run F – Final 34	U11 Sprint F – Heats (4)	U13 Sprint F – Heats (5)
U9 Run Wade Run M – Final 16		U12 Sprint M – Heats (6)	U14 Sprint M – Heats (5)
U9 Run Wade Run F – Final 24	U10 Board Race M – Heats (2)	U12 Sprint F – Heats (5)	U14 Sprint F – Heats (5)
	U10 Board Race F – Heats (3)	U11 Sprint M – Semi-Final (2)	U13 Sprint F – Semi Finals (3)
U9 Body Board Race F – Heats (2)	U10 Board Race M – Final	U11 Sprint F – Semi-Final (2)	U14 Sprint M – Semi Finals (3)
U8 Body Board Race M – Final	U10 Board Race F – Final	U12 Sprint M – Semi-Final (3)	U14 Sprint F – Semi Finals (3)
U8 Body Board Race F – Final		U12 Sprint M – Semi-Final (3)	U13 Sprint M – Final
U9 Body Board Race M – Final	U10 Surf Race M – Final 27	U11 Sprint M – Final	U13 Sprint F – Final
U9 Body Board Race F – Final	U10 Surf Race F – Final 34	U11 Sprint F – Final	U14 Sprint M – Final
		U12 Sprint M – Final	U14 Sprint F – Final
U9 FOAM Board Race F – Heat (2)	U10 Diamond M – Heats (2)	U12 Sprint F – Final	
U9 FOAM Board Race M – Final	U10 Diamond F – Heats (3)		U14 Beach Relay Mixed –Heats (2)
U9 FOAM Board Race F – Final	U10 Diamond M – Final	U11 Beach Relay Mixed – Final	U13 Beach Relay Mixed – Final
	U10 Diamond F – Final	U12 Beach Relay Mixed – Heats (2)	U14 Beach Relay Mixed – Final
U9 Diamond F – Heats (2)		U12 Beach Relay Mixed – Final	
U8 Diamond M – Final	U10 Board Relay M – Final		
U8 Diamond F – Final	U10 Board Relay F – Final		Beach Flags (2 x 15m Pits)
U9 Diamond M – Final	U10 Cameron Relay M (4 Person) – Final		U13 Flags M 26
U9 Diamond F – Final	U10 Cameron Relay F (4 Person) – Final		U13 Flags F 45
U9 Body Board Relay M – Final			U14 Flags M 45
U9 Body Board Relay F – Final			U14 Flags F 43
U9 Cameron Relay M (4 Person) – Final			
U9 Cameron Relay F (4 Person) – Final			



Day Two – Sunday, 17th February 2019

Arena One	Arena Two
U11 Run-Swim-Run M – Heats 30	U13 Run-Swim-Run M – Final 26
U11 Run-Swim-Run F – Heats 35	U13 Run-Swim-Run F – Heats 44
U12 Run-Swim-Run M – Heats 50	U14 Run-Swim-Run M – Heats 48
U12 Run-Swim-Run F – Heats 44	U14 Run-Swim-Run F – Heats 46
U11 Run-Swim-Run M – Final	U13 Run-Swim-Run F – Final
U11 Run-Swim-Run F – Final	U14 Run-Swim-Run M – Final
U12 Run-Swim-Run M – Final	U14 Run-Swim-Run F – Final
U12 Run-Swim-Run F – Final	
	U13 Board Race M – Heats (2)
U11 Diamond M – Final	U13 Board Race F – Heats (3)
U11 Diamond F – Final	U14 Board Race M – Heats (3)
U12 Diamond M – Final	U14 Board Race F – Heats (3)
U12 Diamond F – Final	U13 Board Race M – Final
	U13 Board Race F – Final
U12 Board Relay M – Heats (2)	U14 Board Race M – Final
U12 Board Relay F – Heats (2)	U14 Board Race F – Final
U12 Board Relay M – Final	
U12 Board Relay F – Final	U13 Diamond M – Heats (2)
	U13 Diamond F – Heats (3)
U12 Grand Cameron Relay Mixed (6) – Heats (2)	U14 Diamond M – Heats (3)
U12 Grand Cameron Relay Mixed (6) – Final	U14 Diamond F – Heats (3)
	U13 Diamond M – Final
	U13 Diamond F – Final
	U14 Diamond M – Final
	U14 Diamond F – Final
	U14 Cameron Relay Mixed (6 Person) – Final 17