



In it for life

Pool Championships – Technical Skills Workshop

Date: Friday 17th August 2018
Venue: Bartlett Swim School, Papamoa
Address: 15 Market Pl, Papamoa Beach
Time: 6:00pm to 7:30pm

Course Overview

This workshop aims to provide club coaches with the advanced technical knowledge and skills needed to coach each individual pool championships discipline to their athletes.

Course Information

Duration	1.5 hours wet session: applying techniques
Delivered by	Scott Bartlett
Targeted for	Any Surf Lifesaving club coach or Swimming club coach who is looking to take athletes to the Regional or National Surf Lifesaving Pool Championships.
Course Costs	User pays (including GST): \$10.00

Topics covered

1. Advanced technique and skill progressions for athletes in all Pool Championships disciplines

Outcomes

At the completion of this course, coaches will be able to:

1. Identify and communicate the key technical aspects of each event
2. Identify and communicate the advanced skill progressions of athletes competing in each event

Registration process

Please contact your Club Administrator to be registered onto the course.

Registrations close on Monday 13th August 2018.

Participant resources

Each participant must bring a pen, and wet gear (if you want to be in the water to watch or video practical exercises). All other material will be provided.

Further Information:

If you have any further enquiries, please do not hesitate to contact me

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National Partners



Regional Partners

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Surf Life Saving New Zealand – Eastern Region

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