



# Southern Region 25m Full Distance Pool Championships

**Date:** Sat 18 and Sunday 19<sup>th</sup> August, 2018  
**Venue:** Caroline Bay Trust Aoraki Centre  
**Address:** 11 Te Weka St, Maori Hill, Timaru  
**Time:** Sat 10.30am Race Start, Sunday 9.00am race Start  
**Entries close:** Monday 13<sup>th</sup> August, 2018 by 9.00am  
**Entry fees:** Entries fees for this event will be as follows (GST Inclusive):  
 \$40.00 per competitor .This covers all events entered

In this document you will find information to assist with entering, attending and competing in the Southern Region 25m Pool Championships.

At all times the latest information for this event will be available on the SLSNZ Events Calendar section of the SLSNZ website [www.surflifesaving.org.nz/calendar](http://www.surflifesaving.org.nz/calendar).

## Session Times

|                               | <b>Saturday</b> | <b>Sunday</b> |
|-------------------------------|-----------------|---------------|
| <b>Team Mangers Meeting</b>   | 10.00am         | 8.10am        |
| <b>Surf Officials Meeting</b> | 10.15am         | 8.30am        |
| <b>Time Keepers Meeting</b>   | 10.20am         | 8.45am        |
| <b>Warm Up Starts</b>         | 10.00am         | 8.00am        |
| <b>Warm Up Ends</b>           | 10.20am         | 8.45am        |
| <b>Racing Starts</b>          | <b>10.30am</b>  | <b>9.00am</b> |
| <b>Approx. Finish Time</b>    | 7.00pm          | 11.00am       |

## Event Entry Process

Entries Close: **Monday 13<sup>th</sup> August, 2018 by 9.00am**

Please note:

- There will be **no late entries permitted**.
- Team Manager's contact details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.

All entry fees will be calculated via the online entry system following the close of entries and your club will be invoiced directly (fees mentioned on page 1).

Please note:

- **Entries Close:** Monday 13<sup>th</sup> August, 2018, 9.00am. There will be **no late entries** permitted.
- **Team Manager's contact** details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.
- **Entering Teams:** You must enter the required number of people as specified for team events otherwise your entry in that event will not be accepted. This will be shown as an incomplete entry as per below:

| RELAYS           |  |
|------------------|--|
| NAME             | EVENT                                  |
| North Beach SLSC | Open Boys - 200 Open 4x50 Medley Relay |

- **Events:** At the end of this memo you will find a list of events, you no longer need event entry codes for events, you will only need to either select the event name in the drop down box for a competitor or selection a competitor to enter into a team event.

Example of entry boxes below

| INDIVIDUALS   |   |        |
|---------------|---|--------|
| NAME          | DATE OF BIRTH   | EVENTS |
| Last Name     | <input type="text" value="LORD"/>                                       |        |
| First Name    | <input type="text" value="Michael"/>                                    |        |
| Date of Birth | <input type="text" value="27/01/1983"/> (dd/mm/yy)                      |        |
| Gender        | <input checked="" type="radio"/> Male<br><input type="radio"/> Female   |        |
| Event 1       | <input type="text" value="Open Boys - 100 Open Manikin Tow with Fins"/> |        |
| Event 2       | <input type="text" value="- None"/>                                     |        |
| Event 3       | <input type="text" value="- None"/>                                     |        |
| Event 4       | <input type="text" value="- None"/>                                     |        |



*In it for life*

## RELAYS

| NAME                                   | EVENT      | STATUS                             |              |   |
|--|------------|------------------------------------|--------------|---|
| OPEN BOYS - 200 OPEN 4X50 MEDLEY RELAY |            | <a href="#">Import Player Data</a> |              |   |
| Team Name<br>North Beach SLSC          |            |                                    |              |   |
| LAST NAME                              | FIRST NAME | GENDER (M/F)                       | DOB (D/M/YY) |   |
| 1* LORD                                | Michael    | M                                  | 27/01/83     | ⊗ |
| 2*                                     |            |                                    |              | ⊗ |
| 3*                                     |            |                                    |              | ⊗ |
| 4*                                     |            |                                    |              | ⊗ |
| <a href="#">Save</a>                   |            | <a href="#">cancel</a>             |              |   |

- We appeal to clubs to only enter athletes in events that they intend on competing in. We will be using the Meet Manager system throughout the Pool Championships to do all changes and online results.
- Competitors can only compete in any event once. E.g. U12 boy cannot compete in the 4x50m U12 Boys Obstacle Relay and the 4x50m U12 Mixed Obstacle Relay.

If you have any issues using the new system please do not hesitate to contact Scotty Roberts.

## Eligibility of competitors

This competition is open to any SLSNZ affiliated club. Without the following details your members will not be eligible to compete nor will they be able to be entered through the online entry system. SLSNZ reserve the right to limit the number of competitors per event.

- a) Current Members (i.e. must not be stored in the 'Last Season Members' or 'Historical Members' folder on the PAM Database.
- b) Must have the "Membership Form Received" by SLSNZ. (indicated by a 'tick box' at the top of the individuals membership tab)
- c) Have a DOB recorded on the PAM Database.
- d) Have a PRIMARY membership with the club they intend to compete for (membership status displayed in the 'Membership' tab of the individual in the Database)
- e) Team substitutes must be registered in some capacity in the event (see notes below)

Please Note:

- It is not a requirement of the event that competitors hold the Surf Lifeguard Award. But they need to be a member of the club they wish to compete for.
- Combined club teams for relays will not be permitted.
- All competitors, including possible substitutes, are to have met all of the eligibility criteria outlined above by the close of entries.

## Age

A competitor's age group is determined by their age as at midnight on 30th September within the current season. This event will be held in this criteria

For example if the current season is 2018/19 then the season is 1st June 2018 to 30th June 2019 and the age date is the 30th September 2018

As stated in (e) above, all team substitutes must be registered in some capacity in the competition. This means that if an athlete is competing in any event for example the 50m Swim with Fins, they are registered for the overall event.

In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event. Therefore any potential substitutes (who are not already competing) must be entered into event code 300 Substitutes. This is to allow fairness to all by ensuring that all eligibility criteria are met.

**Please Note:**

Individual entries cannot be substituted for by another competitor; only team entries as outlined in the Surf Sport Competition Manual.

**Note**

This event allows the inclusion of U10 athletes to allow greater club inclusion for racing. This is an exception to the National Pool Rules, and U10 athletes **WILL NOT** be allowed to race at National Events U10 Races- All u10 races will be 25m, including relays

**Please Note:**

1. All competitors age will be as of midnight 30<sup>th</sup> September 2018
2. Masters must be aged 30 years or older before midnight 30<sup>th</sup> September 2018 to be eligible to compete in that age group.
3. Competitors (individual and team events) may compete in age groups as detailed below:
  - U10 may compete in U10, and U12, U14 events
  - U12 may compete in U12, U14 events, U16, U19 and Open events
  - U14 may compete in U14 events, U16, U19 and Open events
  - U16 may compete in U16, U19 and Open events
  - U19 may compete in U19 and Open events
  - Open can only compete in Open events
  - Masters may compete in Masters and Open events
4. Competitors can only compete in any event once (individual and team events), for example an U19 competitor wishing to compete in the 50m with Fins must choose either the U19 or Open event, not both. The patient for the line throw in the U19 age group cannot become the 'rescuer' or 'patient' in the Open age group.
5. The 50m obstacle swim has been classified as the same event as the 100m obstacle swim. This means that U12 athletes can only enter one of these events – either their own age group, or they can choose to swim up in a 100m obstacle swim but not both.
6. U12 and U14 competitors may not compete in any manikin event.
7. U12 and U14 competitors may not compete in any Line Throw event.
8. Although the way has been paved for U14 competitors to compete up in a number of events coaches and team managers are encouraged to use their discretion with regards to this ruling and take into account the welfare of their athletes.

## Time Keepers

A large number of time keepers are required to ensure the successful running of the Southern Region 25m Pool Championships

As such, each competing club will be required to supply timekeepers during some if not all of the sessions. On close of entries clubs will be emailed the exact session times and the number of time keepers they will require. We require 16 timekeepers to cover each session. The number your club will require will be based on total number of entries and the number of entries that your club has. Penalties will be imposed to those clubs who fail to meet this requirement.

## In water Helpers

All clubs will need to provide one in water helper to assist in setting the equipment for races. If a club does not provide one they will be ineligible to race. This event cannot be done without the in water helpers , They will need to have fins , goggles and wetsuit is recommend as it can get cold jumping in and out of the water .

## Event times and proposed programme

The following is a general indication of the Event Timetable and Competition Programme and should only be used as a guide at this stage. A detailed daily timetable of events will be prepared and circulated once final entry numbers are received.

|                               | <b>Saturday 18<sup>th</sup></b> | <b>Sunday 19<sup>th</sup></b> |
|-------------------------------|---------------------------------|-------------------------------|
| <b>Team Mangers Meeting</b>   | 10.00am                         | 8.10am                        |
| <b>Surf Officials Meeting</b> | 10.15am                         | 8.30am                        |
| <b>Time Keepers Meeting</b>   | 10.20am                         | 8.45am                        |
| <b>Warm Starts</b>            | 10.00am                         | 8.00am                        |
| <b>Warm Up Ends</b>           | 10.20am                         | 8.45am                        |
| <b>Racing Starts</b>          | 10.30am                         | 9.00am                        |
| <b>Approx. Finish Time</b>    | 7.00pm                          | 11.00am                       |

## Prize Giving

Results will be posted throughout the event as they come to hand. Team managers only, can then come to the event administration area to collect place getters ribbons

## Event Rules

The Southern Region 25m Pool Championships Event will be conducted under the rules as published in the SLSNZ 25m Full Distance Pool Competition Manual. This manual is based upon the International Life Saving (ILS) World Championship Rules.

[SLSNZ\\_PoolCompetitionManual-25m-Pool-Full-Distant-Events](#)

## Points Score

The following points will be awarded for each individual and team race.

**Individual Events:** 3, 2, 1

**Team Events:** 5, 3, 1

For more information please do not hesitate in getting in contact.

Scotty Roberts [Scotty.roberts@surflifesaving.org.nz](mailto:Scotty.roberts@surflifesaving.org.nz) 0275571013

# Draft Programme

|   |
|---|
| <b>Session 1 : 10.30am Start</b>        |
| U10 Mens 25m Swim with Fins             |
| U10 Womens 25m Swim with Fins           |
| U11 Mens 50m Swim with Fins             |
| U11 Womens 50m Swim with Fins           |
| U12 Mens 50m Swim with Fins             |
| U12 Womens 50m Swim with Fins           |
| U13 Mens 50m Swim with Fins             |
| U13 Womens 50m Swim with Fins           |
| U14 Mens 50m Swim with Fins             |
| U14 Womens 50m Swim with Fins           |
| <b>Set Up</b>                           |
| U11 Mens 50m Brick Carry without Fins   |
| U11 Womens 50m Brick Carry without Fins |
| U12 Mens 50m Brick Carry without Fins   |
| U12 Womens 50m Brick Carry without Fins |
| U13 Mens 50m Brick Carry without Fins   |
| U13 Womens 50m Brick Carry without Fins |
| U14 Mens 50m Brick Carry without Fins   |
| U14 Womens 50m Brick Carry without Fins |
| <b>Set Up</b>                           |
| U10 Mens 25m Swim with Obstacles        |
| U10 Womens 25m Swim with Obstacles      |
| U11 Mens 50m Swim with Obstacles        |
| U11 Womens 50m Swim with Obstacles      |
| U12 Mens 50 Swim with Obstacles         |
| U12 Womens 50 Swim with Obstacles       |
| U13 Mens 100m Swim with Obstacles       |
| U13 Womens 100m Swim with Obstacles     |
| U14 Mens 100m Swim with Obstacles       |
| U14 Womens 100m Swim with Obstacles     |
| U12 Mens 4x50m Obstacle Relay           |
| U12 Womens 4x50m Obstacle Relay         |
| U12 Mixed 4x50m Obstacle Relay          |
| U14 Mens 4x50m Obstacle Relay           |
| U14 Womens 4x50m Obstacle Relay         |
| U14 Mixed 4x50m Obstacle Relay          |
| <b>Session 2 :1.00pm -3.00pm</b>        |
| <b>Senior Events Start</b>              |
| U16 Mens 200m Swim with Obstacles       |
| U16 Womens 200m Swim with Obstacles     |
| U19 Mens 200m Swim with Obstacles       |
| U19 Womens 200m Swim with Obstacles     |
| Open Mens 200m Swim with Obstacles      |
| Open Womens 200m Swim with Obstacles    |
| Masters Mens 100 Swim with Obstacles    |
| Masters Womens 100 Swim with Obstacles  |
| U16 Mens 4x50m Obstacle Relay           |
| U16 Womens 4x50m Obstacle Relay         |
| U19 Mens 4x50m Obstacle Relay           |
| U19 Womens 4x50m Obstacle Relay         |
| Open Mens 4x50m Obstacle Relay          |
| Open Mixed 4x50m Obstacle Relay         |
| Open Womens 4x50m Obstacle Relay        |
| U16 Mens Line Throw                     |

|  |
|--|
| U16 Womens Line Throw                      |
| U19 Mens Line Throw                        |
| U19 Womens Line Throw                      |
| Open Mens Line Throw                       |
| Open Womens Line Throw                     |
| Masters Mens Line Throw                    |
| Masters Womens Line Throw                  |
| <b>Session 3: 3.00pm-5.00pm</b>            |
| Open Mens 100m Manikin Tow with Fins       |
| Open Womens 100m Manikin Tow with Fins     |
| U19 Mens 100m Manikin Tow with Fins        |
| U19 Womens 100m Manikin Tow with Fins      |
| U16 Mens 100m Manikin Tow with Fins        |
| U16 Womens 100m Manikin Tow with Fins      |
| Masters Mens 100m Manikin Tow with Fins    |
| Masters Womens 100m Manikin Tow with Fins  |
| Open Mens 100m Manikin Carry with Fins     |
| Open Womens 100m Manikin Carry with Fins   |
| <b>Break</b>                               |
| U16 Men's 100m Rescue Medley Manikin       |
| U16 Women's 100m Rescue Medley Manikin     |
| U19 Men's 100m Rescue Medley Manikin       |
| U19 Women's 100m Rescue Medley Manikin     |
| Open Men's 100m Rescue Medley Manikin      |
| Open Women's 100m Rescue Medley Manikin    |
|  |
| U16 Womens 4x50m Medley Relay              |
| U16 Mens 4x50m Medley Relay                |
| U19 Womens 4x50m Medley Relay              |
| U19 Mens 4x50m Medley Relay                |
| Open Mixed 4x50m Medley Relay              |
| Open Womens 4x50m Medley Relay             |
| Open Mens 4x50m Medley Relay               |
| Masters Mens 50m Swim with Fins            |
| Masters Womens 50m Swim with Fins          |
| <b>Set Up Session 4: 5.00pm -7.00pm</b>    |
| U16 Mens 50m Manikin Carry without Fins    |
| U16 Womens 50m Manikin Carry without Fins  |
| U19 Mens 50m Manikin Carry without Fins    |
| U19 Womens 50m Manikin Carry without Fins  |
| Open Mens 50m Manikin Carry without Fins   |
| Open Womens 50m Manikin Carry without Fins |
| U16 Mens 4 x 25m Manikin Relay             |
| U16 Womens 4x 25m Manikin Relay            |
| U19 Mens 4 x 25m Manikin Relay             |
| U19 Womens 4 x 25m Manikin Relay           |
| Open Mens 4 x 25m Manikin Relay            |
| Open Womens 4 x25 Manikin Relay            |
| <b>Break</b>                               |
| U16 Mens 50m Swim with Fins                |
| U16 Womens 50m Swim with Fins              |
| U19 Mens 50m Swim with Fins                |
| U19 Womens 50m Swim with Fins              |
| Open Mens 50m Swim with Fins               |
| Open Womens 50m Swim with Fins             |
| <b>Set up</b>                              |
| 6x50m Mega Relay                           |

## Sundays Sessions

| Event   |
|---|
| <b>Session: 9.00am -approx. 11.30am</b>         |
| U11 Men's 50m Rescue Medley Brick               |
| U11 Women's 50m Rescue Medley Brick             |
| U12 Men's 50m Rescue Medley Brick               |
| U12 Women's 50m Rescue Medley Brick             |
| U13 Men's 50m Rescue Medley Brick               |
| U13 Women's 50m Rescue Medley Brick             |
| U14 Men's 50m Rescue Medley Brick               |
| U14 Women's 50m Rescue Medley Brick             |
| <b>Break</b>                                    |
| U12 Mens 4x25m Brick Relay                      |
| U12 Womens 4x25m Brick Relay                    |
| U14 Mens 4x25m Brick Relay                      |
| U14 Womens 4x25m Brick Relay                    |
|   |
| U12 Mixed 4x50m Medley Relay                    |
| U12 Womens 4x50m Medley Relay                   |
| U12 Mens 4x50m Medley Relay                     |
| U14 Mixed 4 x 50m Medley Relay                  |
| U14 Womens 4x50m Medley Relay                   |
| U14 Mens 4x50m Medley Relay                     |
|   |
| U12 Mens 100m Tube Swim with Patient and Fins   |
| U12 Womens 100m Tube Swim with Patient and Fins |
| U14 Mens 100m Tube Swim with Patient and Fins   |
| U14 Womens 100m Tube Swim with Patient and Fins |
| <b>Set Up</b>                                   |
| 6x50m Junior Mega Relay                         |

Programme Subject to Change depending on entries per event