

OCEANS 18 - REVISED PROGRAMME FOR DAY 1

WATER ARENA 4	WATER ARENA 3	WATER ARENA 2	WATER ARENA 1
<p style="text-align: center; color: red;">Event - RUN / SWIM / RUN</p> <p>U14 Mens Run Swim Run – Heats U14 Womens Run Swim Run – Heats U14 Mens Run Swim Run - Semis U14 Womens Run Swim Run - Semis U14 Mens Run Swim Run – Final U14 Womens Run Swim Run – Final</p>	<p style="text-align: center; color: red;">Event - RUN / SWIM / RUN</p> <p>U13 Mens Run-Swim-Run - Heats U13 Womens Run-Swim-Run - Heats U13 Mens Run-Swim-Run - Semi U13 Womens Run-Swim-Run - Semis U13 Mens Run-Swim-Run - Final U13 Womens Run-Swim-Run - Final</p>	<p style="text-align: center; color: red;">Event - RUN / SWIM / RUN</p> <p>U12 Mens Run-Swim-Run - Heats U12 Womens Run-Swim-Run - Heats U12 Mens Run-Swim-Run - Semis U12 Womens Run-Swim-Run - Semis U12 Mens Run-Swim-Run - Final U12 Womens Run-Swim-Run - Final</p>	<p style="text-align: center; color: red;">Event - RUN / SWIM / RUN</p> <p>U11 Mens Run-Swim-Run - Heats U11 Womens Run-Swim-Run - Heats U11 Mens Run-Swim-Run - Semis U11 Womens Run-Swim-Run - Semis U11 Mens Run-Swim-Run - Final U11 Womens Run-Swim-Run - Final</p>

WATER ARENA 4	WATER ARENA 3	WATER ARENA 2	WATER ARENA 1
<p style="text-align: center; color: red;">Event - BOARD RACE</p> <p>U14 Mens Board Race - Heats U14 Womens Board Race - Heats U14 Mens Board Race - Quarters U14 Womens Board Race - Quarters U14 Mens Board Race - Semis U14 Womens Board Race - Semis U14 Mens Board Race - Final U14 Womens Board Race - Final</p>	<p style="text-align: center; color: red;">Event - BOARD RACE</p> <p>U13 Mens Board Race - Heats U13 Womens Board Race - Heats U13 Mens Board Race -Semis U13 Womens Board Race - Semis U13 Mens Board Race - Final U13 Womens Board Race - Final</p>	<p style="text-align: center; color: red;">Event - BOARD RACE</p> <p>U12 Mens Board Race - Heats U12 Womens Board Race - Heats U12 Mens Board Race - Semis U12 Womens Board Race - Semis U12 Mens Board Race - Final U12 Womens Board Race - Final</p>	<p style="text-align: center; color: red;">Event - BOARD RACE</p> <p>U11 Mens Board Race - Heats U11 Womens Board Race - Heats U11 Mens Board Race -Semis U11 Womens Board Race - Semis U11 Mens Board Race -Final U11 Womens Board Race - Final</p>

PLEASE NOTE: Beach Flags will be run if time allows

FLAG PIT 4	FLAG PITS 3	FLAG PITS 2	FLAG PIT 1
<p style="text-align: center; color: red;">Event -BEACH FLAGS</p> <p>U14 Womens Beach Flags – Heats U14 Womens Beach Flags – Finals U14 Mens Beach Flags – Heats U14 Mens Beach Flags – Finals</p>	<p style="text-align: center; color: red;">Event -BEACH FLAGS</p> <p>U13 Womens Beach Flags – Heats U13 Womens Beach Flags – Finals U13 Mens Beach Flags – Heats U13 Mens Beach Flags – Finals</p>	<p style="text-align: center; color: red;">Event - BEACH FLAGS</p> <p>U12 Womens Beach Flags – Heats U12 Womens Beach Flags – Finals U12 Mens Beach Flags – Heats U12 Mens Beach Flags – Finals</p>	<p style="text-align: center; color: red;">Event - BEACH FLAGS</p> <p>U11 Womens Beach Flags – Heats U11 Womens Beach Flags – Finals U11 Mens Beach Flags – Heats U11 Mens Beach Flags – Finals</p>