

SURF LIFE SAVING

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**MARCH 2016: TITAHI BAY SLSC** 



## RESCUE OF THE MONTH

RECOGNISING OUTSTANDING RESCUES

**Date: 19 March 2016** 

**Location: Ohope Beach** 

Lifeguards involved: Alexandra (Ally) Jones

On the Saturday afternoon of the 2016 Eastern Bay Energy Trust New Zealand Surf Life Saving Championships, Titahi Bay lifeguard Alexandra Jones stopped mid-race to assist a fellow competitor in distress.

She was racing in the Under 16 diamond race and while heading out on the swim leg, she noticed one of the other girls ahead of her had stopped in the water.

She was crying and taking on water so Ally supported her in the water and called for the rescue crew in one of the IRBs who pulled her out of the water and took her to shore.

Ally continued on to finish the race and, once back on shore, she was praised for her selfless act.