



*In it for life*

# First Aid Level One

**Date:** Saturday 10<sup>th</sup> and Sunday 11<sup>th</sup> October, 2015  
**Venue:** Otaki SLSC  
**Address:** Marine Parade, Otaki Beach  
**Time:** 9:00am – 4pm each day (approx.)  
**Cost:** **\$70 per person including GST.** If a person does not attend then the cost will be \$120.00 (Clubs will be invoiced after the course).

## Course Overview

This is a 2 day resuscitation course covering the following topics:  
Assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology.  
Encompasses Unit Standards 6400, 6401 and 6402.

## Course Information

<b>Pre requisites</b>	Be a member of Surf Life Saving NZ and be age 14 at course date
<b>Duration</b>	Two Days (9am – 4pm each day approx.)
<b>Delivered by</b>	Triple1Care
<b>Candidate requirements</b>	Fully participate in the course and complete all practical and theoretical requirements
<b>Accommodation</b>	No accommodation provided
<b>Registration</b>	Complete the attached booking form and email to <a href="mailto:joss.urbahn@surflifesaving.org.nz">joss.urbahn@surflifesaving.org.nz</a> by <b>Monday 28<sup>th</sup> September</b>
<b>Need more Information?</b>	<a href="mailto:joss.urbahn@surflifesaving.org.nz">joss.urbahn@surflifesaving.org.nz</a> or 021 107 1576





**SURF LIFE SAVING®**  
NEW ZEALAND

# First Aid Course Booking Form

Course Date(s): 10<sup>th</sup> & 11<sup>th</sup> October

Club:

Club Contact (Name and Cell Phone):

<b>CDO</b>								
First Name	Surname	Email	DOB	NSN #	SLSNZ #	Cell phone		Pre-Req's Y/N