

FEBRUARY 2015: ST KILDA SLSC



RESCUE OF THE MONTH

RECOGNISING OUTSTANDING RESCUES

SOUTHERN WINNER

In it for life

Date: February 28, 2015

Location: St Kilda Beach

Lifeguards involved: Ben Pickles, Sam Bremer and Anthony Pickles

It was a quiet Saturday for the volunteer lifeguards on patrol at St Kilda on February 28. The sky was overcast and the weather wasn't pleasant. The peak head count for the day stood at 46.

Nine lifeguards were on duty when a male swimmer got in to trouble to the left of the flagged area.

At the time, lifeguards Sam Bremer and Anthony Pickles were out body boarding in the surf. They both noticed the swimmer panicking and struggling as he started to be dragged out past the break-water.

They quickly swam over to support the patient and signalled fellow lifeguard Ben Pickles, who was on flag duty, for assistance.

Ben immediately paddled out on the surf rescue board and brought the patient to shore with the assistance of Sam and Anthony.

The patient was a little shaken up with the events that had taken place but he did not need any further medical attention.

The lifeguards demonstrated great teamwork along with good use of signalling skills to notify lifeguards back on the beach that they would need further assistance.

If it wasn't for the lifeguards being on hand, it is likely the patient would have panicked further and drowned as the conditions were challenging for swimmers that day.