Capital Coast Senior Championships

Date:	Sunday 22nd March 2015
Time:	12:00pm – 4:00pm (approx.)
Venue:	Palmerston North SLSC (Himatangi Beach)

Event Overview

The final event before the National Champs in Warrington in a weeks' time. Come and fine tune the last of your hard earned IRB skills at the Capital Coast IRB Championships!

Event Information

Officials Briefing:	11:30am
Team Managers Briefing:	11:45am
After Function:	BBQ at the Club House, 4pm
Entry Fee:	N/A
Tides:	High: 11:45am Low: 6:00pm
Weather:	http://www.metservice.com/towns-cities/palmerston-north

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***Please Note**: Events may be subject to change, depending on entries and surf/weather conditions. In the event of the poor weather and/or surf conditions, all Team Managers will be notified of any venue or program changes prior to or during the Team Managers Briefing.*

Programme: **All Age Groups (U21 and Open)**

Mass Rescue
Assembly Rescue
Single Rescue
Teams Race

Other Information

Points:

1st = 3 Points
2nd = 2 Points
3rd = 1 Points

Note: Same points apply to team events i.e. Relay's

Location:

Parking: Please do not park over any drive or access ways. Bring your IRBs to the Club and then park your vehicles safely in designated areas.

Safety Vests: It is compulsory for all Surf Sport competitors to compete wearing a SLSNZ sanctioned fluro safety vest. This applies to any competitor entering the water. It is not expected competitors wear the vests during Beach Flags or Beach Sprints.

Results: Results will be posted approximately one week after the competition on the SLSNZ web pages and the Capital Coast Facebook page.

In it for life