

JANUARY 2015: NGATI POROU SLSC



RESCUE OF THE MONTH

RECOGNISING OUTSTANDING RESCUES

Date: January 9, 2015
Location: East Cape
Lifeguards involved: Preston Cockery

EASTERN WINNER

In it for life

Lifeguard Preston Cockery had gone for a swim at a river at Waipapa with his cousin and soon-to-be lifeguard Seldom Torrey on January 9.

As his cousin was walking along the rocks, she slipped and hit her head. Although there was no blood, she went into shock.

Seldom went to call for help while Preston tended to his cousin by putting her in the recovery position, keeping her warm with a blanket, talking to her and checking her airway, breathing and circulation.

An ambulance arrived to assist and fitted the girl with a neck brace. They also decided that a helicopter needed to be called in.

The patient made a full recovery and the boys attribute the skills that they have recently learned in their Surf Lifeguard training as preparing them for such a situation.

They were able to monitor her and keep her conscious while help was on its way and helping to prevent further injury.