



# OCEANS 25

FESTIVAL OF JUNIOR LIFESAVING

Event Entry Information  
Surf Lifesaving New Zealand



**Oceans'25 is a festival of junior surf life saving and the biggest junior carnival of the season.**

**The event purpose of Oceans'25 is to provide an opportunity for junior members:**

- To learn the skills required to gain the Surf Lifeguard Award.
- To provide the best possible life saving experience for all juniors with the view to encouraging long-term active participation.
- To provide opportunities for juniors to actively participate in and enjoy life saving and competition in an aquatic environment.
- To ensure our junior member are safe on New Zealand's beaches through building knowledge and experiences in the Junior Surf Programme.
- To develop a team based philosophy encompassing leadership, camaraderie, teamwork, and fun.
- To promote social, emotional and physical growth and development in a healthy and safe environment.

# Entry Information

This document provides you with all the information you need to know to enter the event. While it contains the typical logistical information surrounding the event, it also includes very important details that a parent and/or guardian must be aware of this before entering the event. It is the expectation of the SLSNZ that clubs will only allow members with the appropriate awards and capability to participate in each event.

Entries must be made using the [SLSNZ Online Event Entry System](#). Each club has access to this system and will process entries. Clubs will be invoiced for payment following the event.

<b>Entries open</b>	Tuesday 24 December 2024
<b>Entries close</b>	10:00pm Monday 10 February 2025
<b>Entry fee</b>	\$120 per person incl. gst
<b>Eligibility of competitors</b>	Please see Section 2.2 of the SLSNZ Competition Manual for a comprehensive breakdown of eligibility criteria.
<b>Updated contact details</b>	Team Managers and Coaches contact details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that your club misses out on vital information.
<b>Full team details</b>	You must enter the entire team for all team events otherwise your entry will not be accepted.

# Rules and Regulations

**Oceans'25 will be conducted under the rules contained in the following documents:**

[SLSNZ Competition Manual](#), including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee.

Additionally, members entering events are bound by the following rules, which can be found on the SLSNZ website:

- [SLSNZ Constitution](#)
- [SLSNZ Regulations](#)
- [Drug Free Sport New Zealand](#)

## **Age Groups & Divisions:**

A participant's age group is determined by their age at midnight on 30th September 2024. For example, if you were 13 on the 30th of September 2024, you are eligible to compete in the Under 14 division.

## **Events and Divisions:**

The events and divisions outlined in the table below will be held at the competition.

The age groups which athletes will compete in are: U11, U12, U13, U14. Athletes are only allowed to compete in their age group the entire event and cannot race up.

<b>Event</b>	<b>Age Group</b>	<b>Gender</b>
Sprint, Flags, Run Swim Run, Surf Race, Diamond Race, Board Race	U11, U12, U13 & U14	Male and Female

# Individual Events

The age groups which athletes will compete in are: U11, U12, U13, U14. Athletes are only allowed to compete in their age group the entire event and cannot race up.

Event	Age Group	Gender
Sprint, Flags, Run Swim Run, Surf Race, Diamond Race, Board Race	U11, U12, U13 & U14	Male and Female

## Super Sunday:

Where possible, all events will progress from heats through to finals in the same racing block, unless conditions dictate otherwise.

In previous years, heats and semi-finals for individual events were run from Thursday to Saturday, leaving all finals Sunday. Oceans history shows that we consistently lose time due to prevailing conditions which results in a mixture of extending time on the beach, removing events from the programme, reducing progression of competitors from heats or reducing entries into particular events, all in an effort to 'finish the carnival'.

We also know that a smaller percentage of participants make individual finals and are often in multiple finals, resulting in a smaller group of participants being involved on Sunday as well as that small group having a very high volume of racing in a short period of time.



# Team Events

For all team events, the age groups vary slightly for each event. The underlying principle is that you cannot race up an age group, and further clarification for each event is provided in *italic*, under age-group, below. Please note the age group changes to beach relays this year. Also note composite teams will be made on the day - no EOI required.

Event:	Age Group:	Gender:
Beach Relay	U11 & U12 combined or U13 & U14 combined - <i>An athlete can only compete in one age group.</i>	Mixed (2 Male, 2 Female) Composite teams allowed
2km Beach Relay	U11, U12, U13 & U14 combined - <i>Teams can be comprised of a single age group or a mixture of any/all age groups</i>	Mixed (2 Male, 2 Female) Composite teams allowed
Board Relay	U11 & U12 combined or U13 & U14 combined - <i>An athlete can only compete in one age group.</i>	Male and Female Composite teams allowed
6 person Grand Cameron Relay	U11 & U12 combined or U13 & U14 combined - <i>An athlete can only compete in one age group.</i>	<b>Update: Jan. 9, 2025</b> <b>Mixed- 3 Female/3 Male Race consists of 2 board legs, 2 swim legs, &amp; 2 run legs. These legs are not designated by gender. Composite teams are allowed</b>
Tube Rescue & Board Rescue	U13 & U14 combined - <i>An athlete can only compete in one age group</i>	Male and Female No Composite teams

# Timings and Programme

Please note that a draft programme will be provided in the next update from SLSNZ, with a detailed programme in the final update once entries are known. The programme will always be subject to change to suit oceans conditions and entry numbers.

## Thursday 20 February

7:20am	Low Tide
7:30am	Team Managers meeting
8:00am	On water warm-up open
8:30am	Off water/Marshalling starts
9:00am	Events start
1:39pm	High Tide
3:00pm	Estimated Finish Time

## Friday 21 February

7:00am	Team Managers meeting
7:00am	On water warm-up open
7:30am	Off water/Marshalling starts
8:00am	Event starts
8:08am	Low Tide
2:19pm	High Tide
3:00pm	Estimated Finish Time



# Timings and Programme

## Saturday 22 February

7:00am	Team Managers meeting
7:00am	On water warm-up open
7:30am	Off water/Marshalling starts
8:00am	Events start
9:01am	Low Tide
3:00pm	Estimated Finish Time
3:05pm	High Tide

## Sunday 23 February

7:00am	Team Managers meeting
7:00am	On water warm-up open
7:30am	Off water/Marshalling starts
8:00am	Event starts
9:58am	Low Tide
1:00pm	Estimated Finish Time
3:58pm	High Tide





# Health and Safety

**Please read the following health and safety points carefully and communicate these to team members.**

## **Club obligations:**

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the conditions that prevail on any given day.

It is therefore the clubs responsibility to ensure that competitors who are not yet competent to compete in the prevailing conditions are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will.

It is the expectation of the organisers that all clubs will only permit competent competitors to compete in an event.

## **Warm-ups:**

Please note that all SLSNZ rules and regulations apply during warm-ups, as they do throughout the event. Please ensure compliance and follow the instructions of Event Management and Surf Officials.

## **Competition Safety Plan:**

A Competition Safety Plan will be completed and available for viewing at the event.

An important part of the Competition Safety Plan for all clubs to note, review, and communicate to team members, is the [Missing Person at Sea Responsibilities](#).



# Health and Safety

## **Pre-Existing Medical Conditions:**

All participants and officials with a pre-existing medical condition must complete and submit a [Pre-Existing Medical Conditions Action Plan](#) and submit it to the Event Manager prior to the close of entries. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed. It is important to note that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website [here](#).

## **Covid-19 and other illness:**

If sick, please do not attend the event and follow Ministry of Health guidelines.

## **Concussion Protocol:**

- Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
- Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.



# Health and Safety

## Concussion Protocol cont.

- Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
- Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.

## Environmental Protection:

Help SLSNZ and its clubs protect and conserve our beaches and coastlines. Utilise tracks and stay off dunes, stay away from marine and bird life and make sure all rubbish is placed in the bins supplied or taken with you.

## For more information, please contact:

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