Introduction to Surf Coaching

Date: Sunday 7 September 2014
Venue: St Clair SLSC
Address: 1 Esplanade, St Clair, Dunedin
Time: 9:00am to 4:00pm
Cost: $52 ($92 if you register and fail to turn up)

Course Overview

The Introduction to Surf Coaching Course provides an entry level coaching course for parents and clubbies new to coaching. The course aims to provide the knowledge and skills needed to coach at entry level at a Surf Life Saving Club. It covers the full range of surf life saving activities with a special emphasis on Junior Surf.

The Introduction to Surf Coaching course is the first step on the Surf Life Saving New Zealand coaching pathway. Coaches interested in further developing their coaching skills can then progress to the Developing Surf Coach Course.

Course Information

Duration	One day
Delivered by	Regional facilitators
Who should complete it	Any Surf Life Saving Club members interested in getting started in surf coaching, new junior surf surf coaches, or existing coaches with no formal training
Candidate requirements	To successfully complete the Introduction to Surf Coaching Course participants need to attend the full course and participate in its activities
Course Costs	Full cost (including GST): $92.00 User pays (including GST): $52.00 Please note that if you are registered and do not attend the course, you will incur the full cost of the course.

Surf Life Saving New Zealand Level 3 202 Cuba Street, Wellington 6011 · PO Box 9205, Wellington 6141
t 04 384 8325 · **f** 04 385 4381 · **www.surflifesaving.org.nz**

Topics covered

1. Introduction to the athlete centred approach
2. Skill progressions for young athletes
3. Rules and guidelines for Junior Surf competitions, including Ocean Athletes
4. Communication in Junior Surf environment
5. Management and effective coaching

Outcomes

At the completion of this course, coaches will be able to:

1. Identify the Roles and Responsibilities of a Junior Surf Coach
2. Demonstrate knowledge of effective communication
3. Describe how surf activities can be modified for Junior Surf athletes
4. Identify how to provide a safe learning environment for a Junior Surf session
5. Plan a Junior Surf session

Registration process

Please contact your club to be registered onto the course.
Registrations close on Friday 22 August 2014

It is important to remember that while the course is subsidised at $52.00, if a participant fails to turn up on the day they will be charged the full cost of the course at $92.00. All payments will be made through your club as they will be invoiced directly.

Participant resources

Each participant must bring a pen, lunch, snacks, a water bottle and wet gear (for practical exercises) for the day. All other material will be provided.

Further Information:

If you have any further enquiries, please do not hesitate to contact Steph Laughton

Steph Laughton
Club Development Officer – Otago/Southland
m: 0274 571010
e: steph.laughton@surflifesaving.org.nz

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