



Surf Life Saving New Zealand

Southern Surf League Event

Updated November 2013

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The following contains information regarding the conduct of the 2014 Southern Surf League together with the conditions governing each event in the programme

1.0 Team Composition

Each team will comprise maximum fourteen (14) members, 8 must be from the primary club for the 2013-14 Competitive season:

- 1 Team Per Club
- Minimum 4 x females
- Manager

For all IRB Events the same crew, (Crew Person and Driver) must race all three IRB Races - Single, Assembly and the start leg of the Dear Love Relay. The sole reason for this condition is based around health and safety requirements.

2.0 Programme of Events

Saturday 8th February 2014

1. Beach Relay
2. IRB Single Rescue
3. Mixed Ski Relay
4. Surf Teams Race- Male
5. Surf Teams Race - Female
6. Beach Flags Women's
7. Beach Flags Men's
8. Mixed Rescue Relay
9. Board Teams Race - Male
10. Board Teams Race - Female
11. IRB Assembly
12. Mixed double Ski
13. Iron Woman
14. Iron Man
15. Beach Sprint Female
16. Beach Sprint Male
17. Dearlove Relay **Top 6 Teams**

3.0 Disqualification

To ensure the smooth running of the Southern Surf League there is an immediate disqualification for any false start.

4.0 Point Score

- a. Points will be awarded from 1st to 6th Place only. 6 points for 1st down to 1 point for 6th
- b. In the Surf Races and Board Races points will be scored on a 'teams' basis. The two starters in each team will have their result added and the aggregate matched against those from other teams. The team with the lowest aggregate will be declared the winner. Points will be scored, (please note that all starters from your team must complete the course to gain points)

- c. In all events, with the exception of the Beach Flags, where disqualified, a team will get zero points. In the Beach Flags the team will score those points earned up until the disqualification.
- d. Points will accumulate throughout the day, so that only the top 6 teams will go through to the Dear love. In the event of a draw for the top 6 teams, a count back may be used to determine the top 6.

5.0 Power Play

Prior to the start of competition each day Team managers will declare, to the Event Administrator, their designated 'Power Play' event. On completion of this designated event the team will score double points for that particular event.

6.0 Event Conditions

Except where specified in the 'Event Agreement' or in the rules that follow, the General Competitive Conditions outlined in the current SLSNZ Surf Sport Competition Manual (8th Edition) plus any subsequent circulars will apply to the conduct of these events.

7.0 IRB Events

- All patients are encouraged to wear helmets
- Patients **must** wear **full wetsuits** (ankle to neck) and team singlets(if available) must be worn over the top of the wetsuits
- Both the crewman and driver must wear a minimum of a 3mm wetsuit vest while competing in all IRB events.

Surf Life Saving New Zealand, as the event organiser, reserves the right to add, modify or delete any events on the day of competition if safety, weather conditions, programming or other conditions warrant. In very flat or large surf conditions SLSNZ reserves the right to change venues and/or events; this includes the length of races.

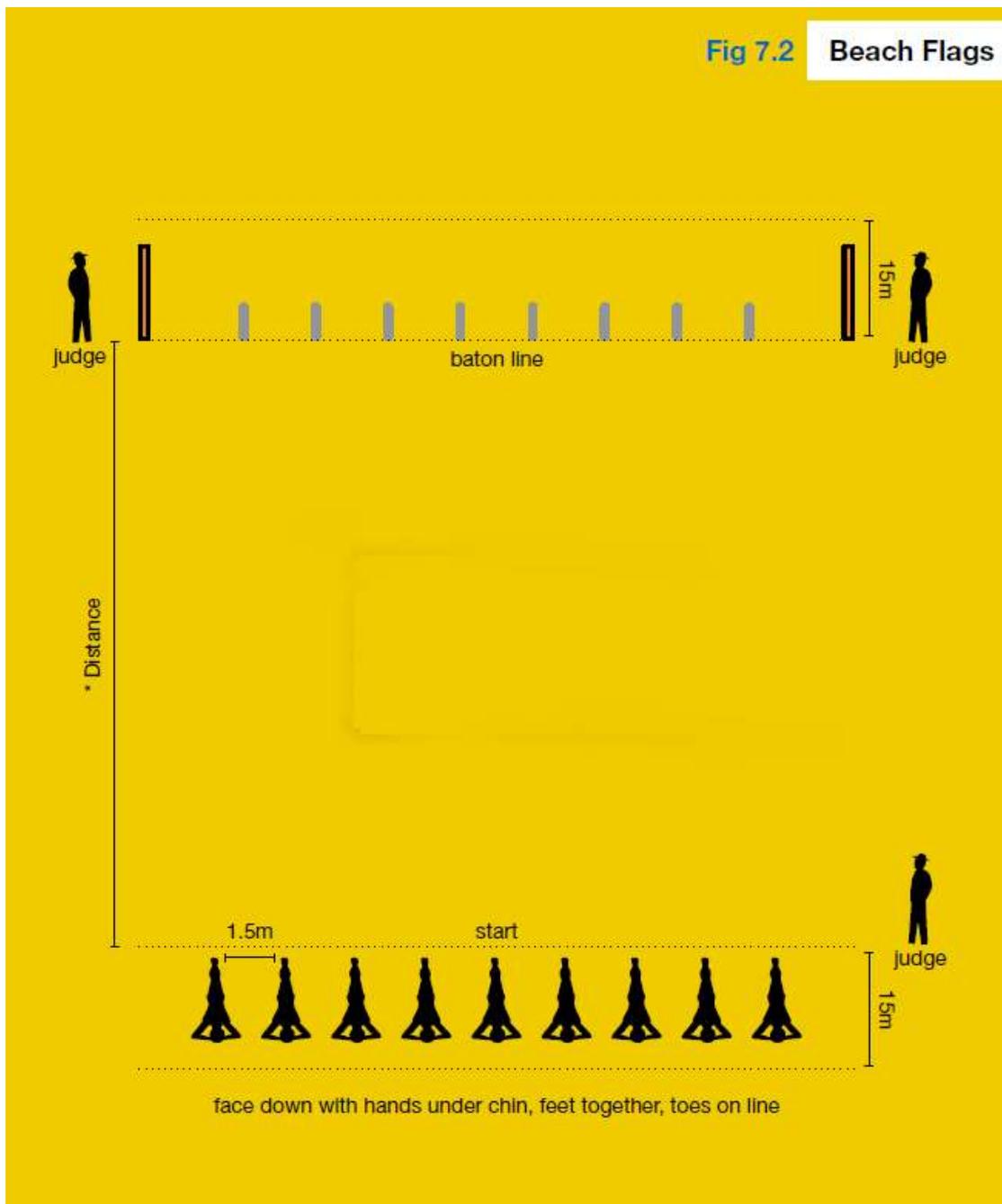
Beach Flags

Team size: 1 female and 1 male per club
There will be a separate male and female events run.

Score: 6 for 1st down to 1 for sixth place
Points will be awarded for both the male and female races.

The Course and Procedures

1. The course will be as detailed in the diagram below.
2. Female and male events to be run concurrently.
3. The Beach Flags will be run as per the SLSNZ Surf Sport Competition Manual (8th Edition).



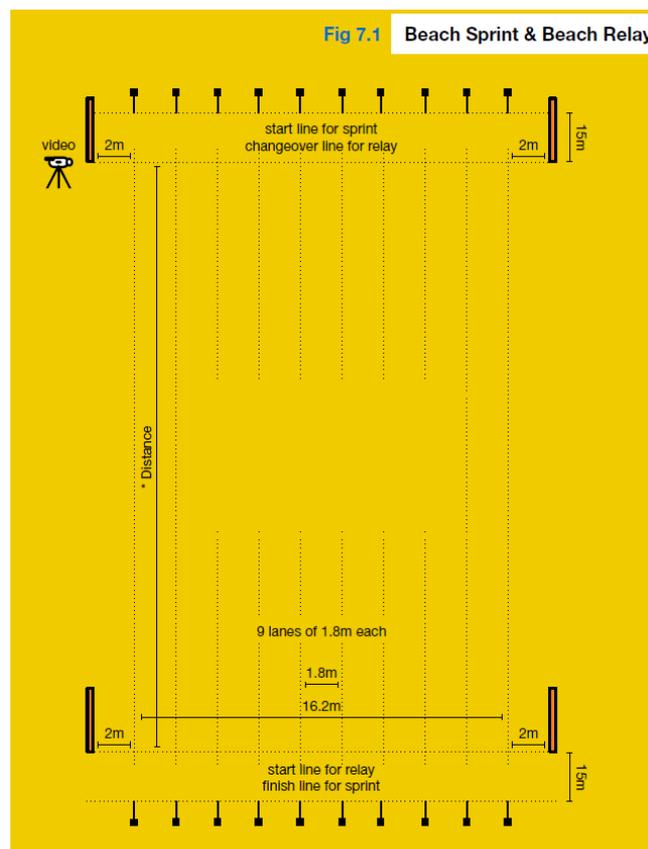
Beach Relay

Team size: 8 members per club (minimum of 3 females must run).

Score: 6 for 1st down to 1 for sixth place

The Course and Procedures

1. The course will be as detailed in the diagram below.
2. Each team shall consist of eight members. Each team will have four competitors at each end of the course. Each competitor shall run over a leg of the course with a baton held in either hand and at the conclusion of the first, second, third, fourth, fifth, sixth and seventh legs, shall give the baton to the next runner. The eighth runner shall cross the finish line.
3. Baton change over's shall be effected in the following manner:
 - The competitors can be moving while taking the baton but will be disqualified if any part of the body, arms or hands cross the front line before the runner takes possession of the baton.
 - All team members must stay inside the beach arena at all stages once the event has started.
 - No objects or marks are to be placed on the track or surrounding area to assist the runners in their baton changing
 - The competitor coming in to change the baton must carry the baton to the change over point. [The baton cannot be thrown forward for the receiving competitor to catch or pick up and run].
4. Should the baton be dropped at any stage the runner can recover the baton [providing there is no interference with other competitors] and continue to run.
5. Any competitor wilfully jostling another competitor, breaking the line at the changeover or finishing without the baton, shall result in that competitor's team being disqualified.
6. The start and finish for the beach relay will be as for the Beach Sprint in the SLSNZ Competition Manual.



IRB Single Rescue

Team size: 3 members.

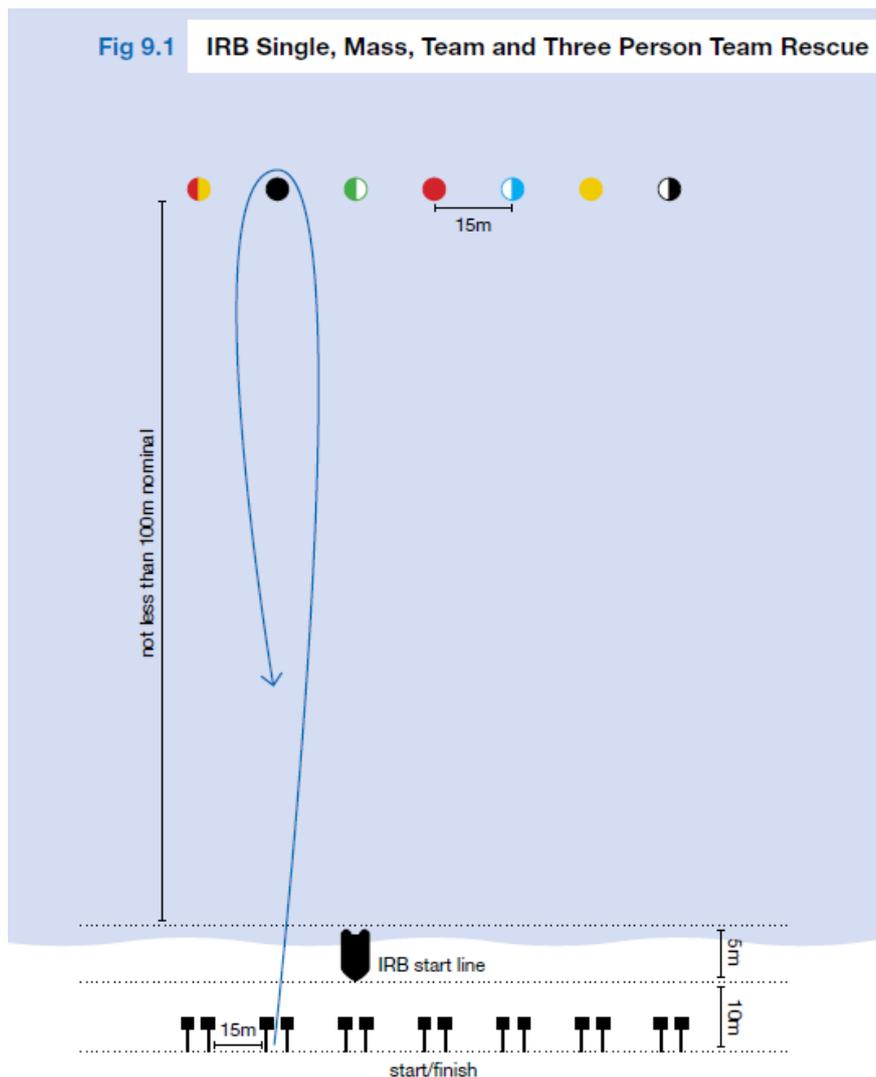
Score: 6 for 1st down to 1 for sixth place.

The Course and Procedures

1. The course will be as detailed in the diagram below.
2. The procedures for this race are as per the Single Rescue Race in the SLSNZ Competition Manual (8th Edition)

For all IRB Events the same crew (crew person and driver) must race all three IRB Races: Single, Assembly and the start leg of the Dearlove Relay. The sole reason for the introduction of this condition is based around health and safety.

- All patients are encouraged to wear helmets
- Patients **must** wear **full wetsuits** (ankle to neck) and team singlets must be worn over the top of the wetsuits
- Both the crewman and the driver must wear a minimum of a 3mm wetsuit vest while competing in all IRB events



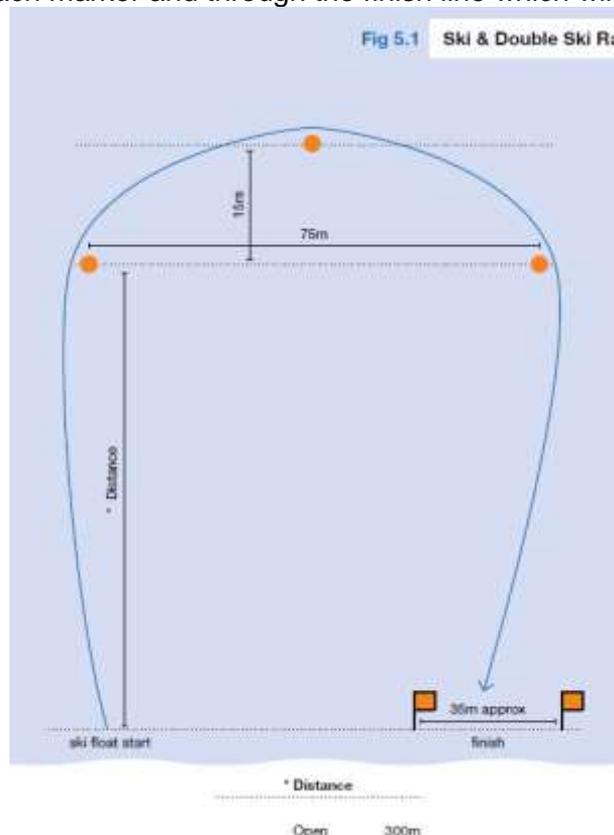
Mixed Ski Relay

Team size: 1 female and 1 male per club.

Score: 6 for 1st down to 1 for sixth place.

The Course and Procedures

1. The course will be as detailed in the diagram below.
2. The order (male/female) is at the discretion of teams.
3. The start will be in front of the archway.
4. Skis and paddles will be lined up 5m from the waters edge immediately in front of the beach turning marker.
5. Upon the starters signal the first paddler will run to their ski/paddle take it to the water and then progress around the course. At any stage after rounding the third buoy the paddler may leave their ski and paddle, run up the beach, around the turning buoy and tag the second paddler.
6. The tag between paddler one and paddler two must be made no more than 2m behind the start/finish line.
7. The second paddler, whose ski and paddle has been placed on the sand 5m from the waters edge, will run, collect their ski and paddle around the course.
8. Having rounded the third turning buoy the second paddler can leave their ski and paddle at any stage, run around the beach marker and through the finish line which will be the archway



Please note: Ski Paddlers do not need to go around the Black and White Buoys.

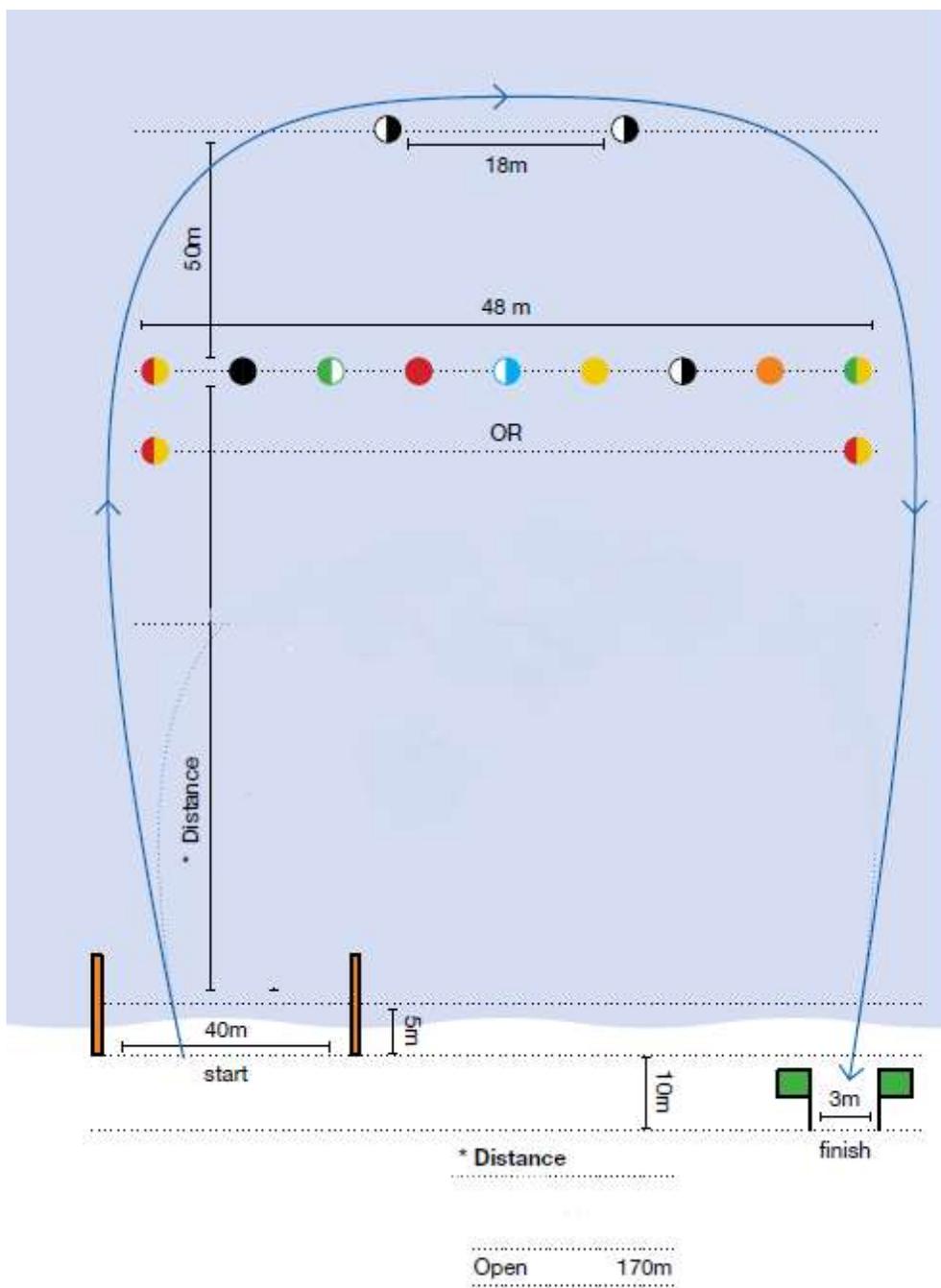
Surf Teams Race

Team size: 2 woman and 2 men per club.
There will be a separate male and female race run.

Score: 6 for 1st down to 1 for sixth place Points will be awarded for both male and female races.

The Course and Procedures

1. The course will be as detailed in the diagram below.
2. This race is a team's race with each swimmer's place being added together to produce a final team score.



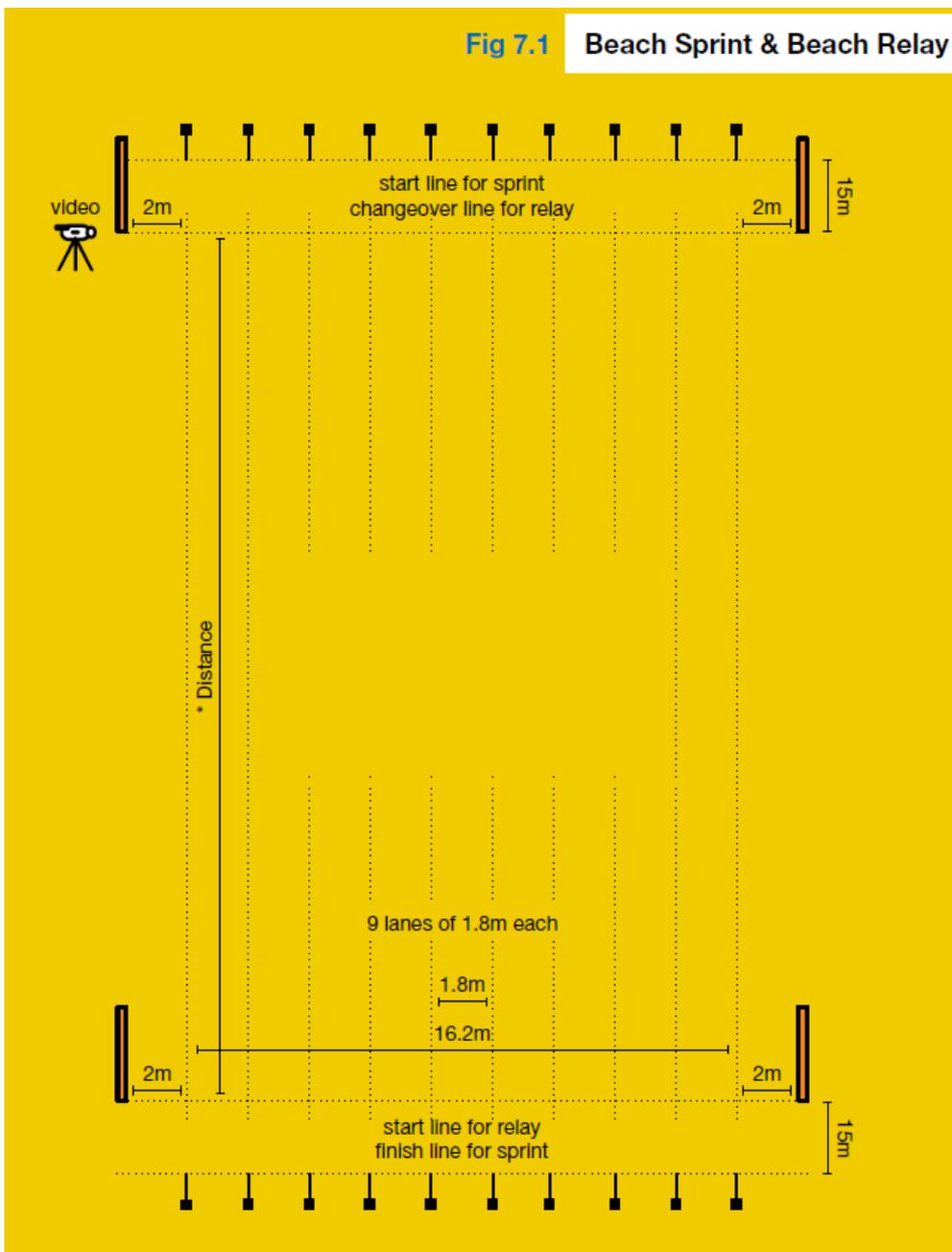
Beach Sprint

Team size: 1 female and 1 male per team.
There will be a separate male and female race run.

Score: 6 for 1st down to 1 for sixth place Points will be awarded for both male and female races.

The Course and Procedures

1. The course will be as detailed in the diagram below.
2. The Beach Sprints will be run as per the SLSNZ Surf Sport Competition Manual (8th Edition)



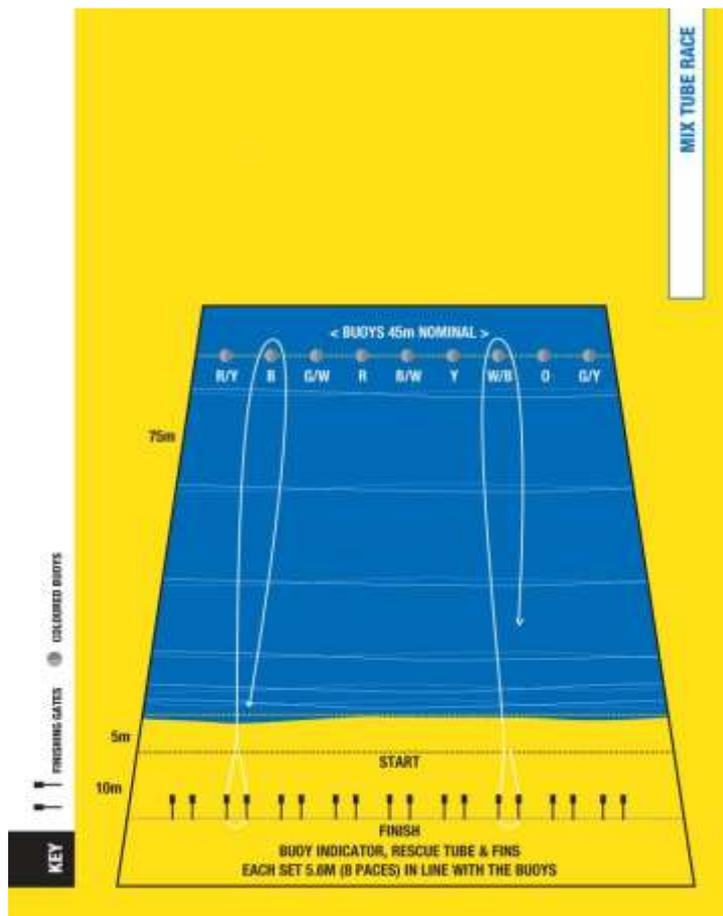
Mixed Rescue Relay

Team size: 2 females and 2 males per team.

Score: 6 for 1st down to 1 for sixth place

The Course and Procedures

1. Refer to the diagram for Rescue Tube Race.
2. Teams will comprise of a patient and a swimmer (rescuer).
3. The patient/rescuer (male/female) is at the discretion of the team.
4. The rules for the event are as per the Rescue Tube rule in the SLSNZ Surf Sport Competition Manual (8th Edition).
5. The tube rescue team will finish by running up the beach and through the flagged gates, tagging the board rescue patient, who will be standing on the outside of the flagged gates on the beach side of the line.
6. The board rescue race will be run as per the SLSNZ Surf Sport Competition Manual – (8th Edition).



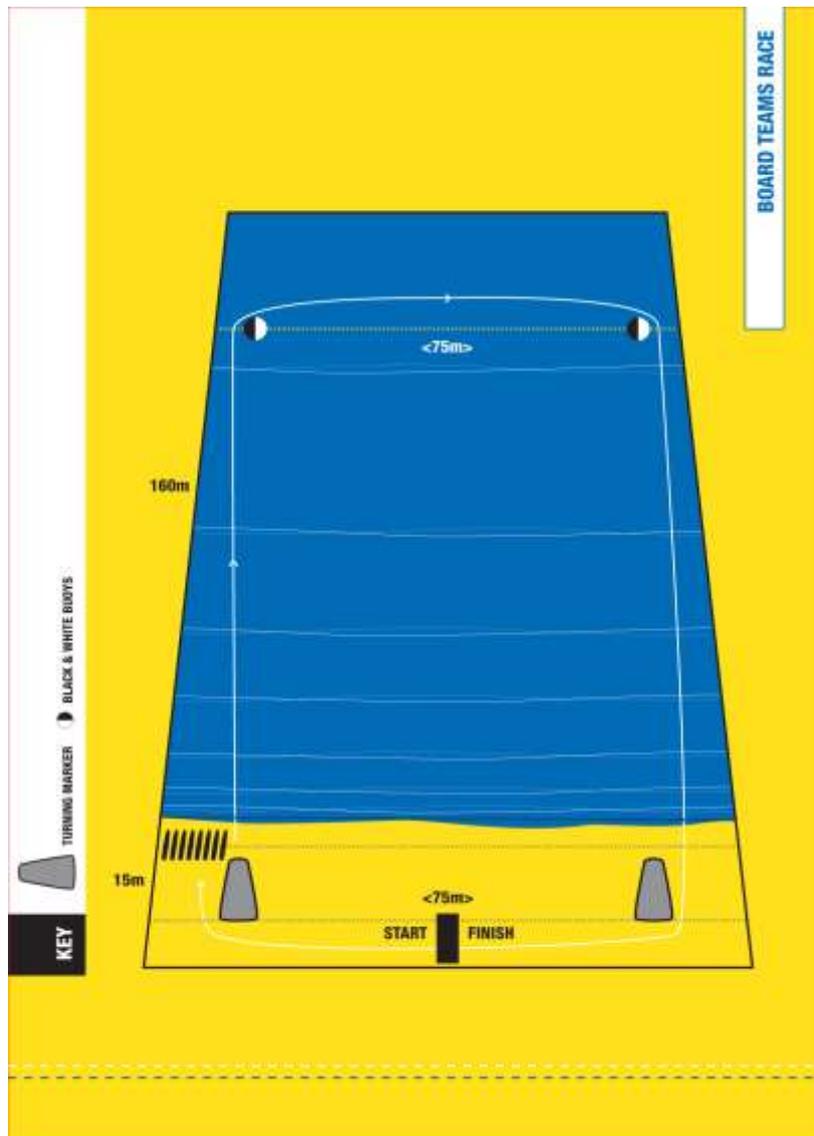
Board Teams Race

Team size: 2 females and 2 males per club. There will be separate male and female races

Score: 6 for 1st down to 1 for sixth place. Points will be awarded for both male and female races.

The Course and Procedures

1. The course will be as detailed in the diagram below.
2. This race is a team's race with each paddlers place being added together to produce a final team score.
3. The rules for the event are as per the Board Race rule in the SLSNZ Surf Sport Competition Manual (8th Edition).



MIXED DOUBLE SKI

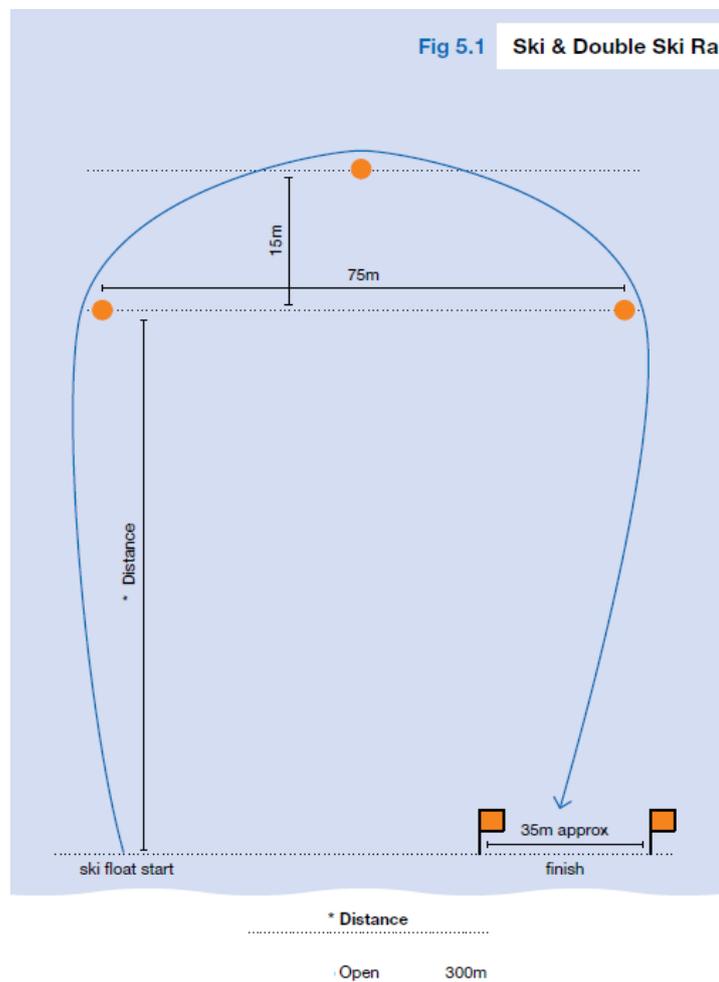
Mixed Double Ski

Team Size 2 members per team- one Male/one Female.

Score 6 for 1st down to 1 for sixth place

The Course and Procedures

1. The course will be as detailed in the diagram.
2. The seating order (male/female) is at the discretion of teams.
3. One paddler will start in front of the archway.
4. The other paddler, ski and paddles will be lined up 5m from the water's edge immediately in front of the beach turning marker.
5. Upon the starters signal the first paddler will run to their ski, take it to the water and then progress around the course. At any stage after rounding the third buoy the paddler who did not make the run start may leave the ski and paddle, run up the beach, around the turning buoy and through the finish line.
7. Please note the paddler who started with the run, must not be the paddler who makes the run finish



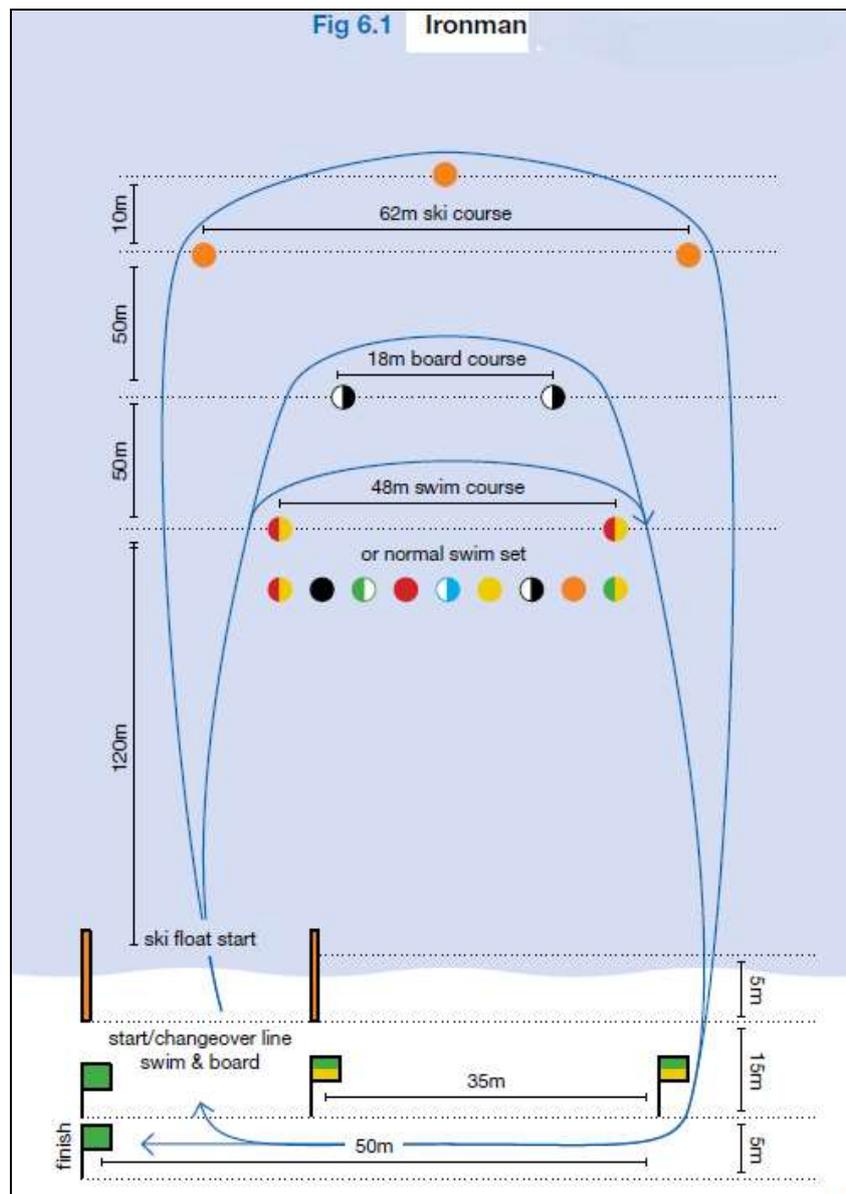
Ironman/Ironwomen

Team size: 1 female and 2 male's per club.

Score: 6 for 1st down to 1 for sixth place

The Course and Procedures

1. The course will be as detailed in the diagram below. Please note the IM draw will be drawn at the Team managers meeting.
2. This race will always start at the start line, as shown in the diagram below.
3. All gear (ski/paddle and board) will be placed (when appropriate) on the equipment line, which will be located 5m from the water's edge.
4. For additional rules regarding the Ironman event, please refer to the SLSNZ Surf Sport Competition Manual (8th Edition).



Dearlove Relay

Team size: 10 members per club (minimum 4 females).

Score: 6 for 1st down to 1 for sixth place

The Course and Procedures

1. The course will be as per the diagram below.

2. This race will comprise of an IRB single rescue, a 400m run, two swim legs, two board legs, and two-ski legs.

The Dearlove Relay is a continuous relay.

3. Order will always be IRB, 400m run; the order of 'swim-board-ski' will be as per the Ironman draw.

4. **IRB Single Rescue** as per race page 6. At the end of the race the IRB driver will run to the start line and raise a flag to set the 400m runner off.

5. **400m run** starting at the far end arena as per the diagram. Complete the run by tagging either the swim, board, ski paddler, who will be standing at the waters edge.

6. **Swim-Board-Ski** all tags will be at the finish archway. The tags must be made no further than 2m behind the finish line.

Skis and Boards will be lined up immediately in front of the first beach turning marker and 5m from the waters edge. The last leg of the swim/ ski/ board will run through the finish line.

