



SURF LIFE SAVING®
NEW ZEALAND

800m Swim Time Endorsement

To meet the pre-requisite for National Lifeguard School, candidates are required to complete an 800m timed pool swim in less than 14 minutes.

Applicants are required to submit this swim time prior before applications are reviewed.

This swim must be supervised by any of the following people:

- Surf Life Saving New Zealand staff member.
- Surf Life Saving Northern Region staff member.
- Refreshed Examiner.

Please complete the form below and email it before the application closing date to member.education@surflifesaving.org.nz.

If you have any questions regarding the swim component, please feel reach to contact me.

Kind Regards,

Poppy Crouch

Member Development & Engagement Officer
Surf Life Saving New Zealand
Poppy.crouch@surflifesaving.org.nz

Candidate name: _____ 800m swim time: _____

Location (pool): _____ Time and Date: _____

Supervisor (please print): _____ Role: _____

Signed (supervisor) _____

